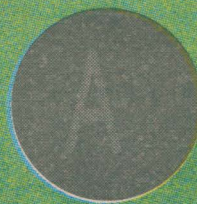
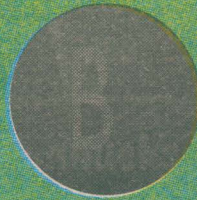
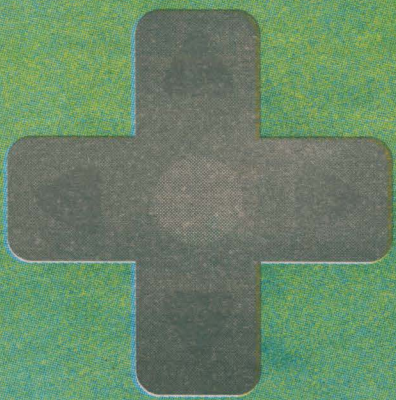


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BACK TO SCHOOL SURVIVAL GUIDE

VOL. 66 No. 1



FALL 2013

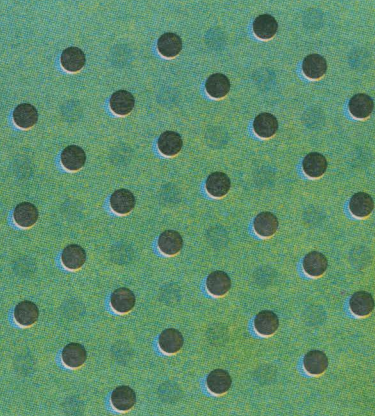


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the Alestle

Alton - East St. Louis - Edwardsville

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Letters to the Editor Policy:

The editors, staff and publishers of the Alestle believe in the free exchange of ideas, concerns and opinions and will publish as many letters as possible.

Letters may be submitted at the Alestle office located in the Morris University Center, Room 2022 or via e-mail at opinion@alestlelive.com.

All hard copy letters should be typed and double-spaced. Letters should be no longer than 500 words. Include phone number, signature, class rank and major.

We reserve the right to edit letters for grammar and content. Care will be taken to ensure that the letter's message is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances.

We reserve the right to reject letters.

About the Alestle:

One copy of the Alestle is free. Additional copies cost \$1 each.

The Alestle is a member of the Illinois College Press Association, the Associated Collegiate Press, Student Press Law Center, College Newspaper, Business & Advertising Managers.

The name Alestle is an acronym derived from the names of the three campus locations of South-

ern Illinois University Edwardsville: Alton, East St. Louis and Edwardsville.

The Alestle is published on Thursdays in print and on Tuesdays online during the fall and spring semesters. A print edition is available Wednesdays during summer semesters.

For more information, call 618-650-3528.

Have a comment?

Let us know!

Send us an e-mail:

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The Alestle
Campus Box 1167
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Welcome back

From the Alestle Editor in Chief

stay informed about your campus by reading the Alestle

Welcome to SIUE new students, and welcome back returning students!

Thanks for picking up the Alestle's Back to School Survival Guide. If you've never heard of us, we're the student-run newspaper on campus. We cover the issues that matter most to students, along with the entertainment opportunities and sports information we think students would be interested in.



Lexi Cortes
Editor in
Chief

Keeping our readers in mind, we put together the Back to School Survival Guide to give you tips and advice on things to help you out in your time on campus.

Flip through for information on money management, living with roommates, getting a major-related job, where to eat and drink in Edwardsville, Cougars game schedules and more.

The Alestle will continue to fill newsstands across campus every Thursday to keep you up-to-

date on everything news, lifestyles and sports on campus. Feel free to contribute with your letters to the editor in our opinion section!

Make sure to pick up a copy of the newest issue each week and check alestlelive.com for the online-exclusive issue every Tuesday.

You can contact the Alestle any time with comments or questions about stories by liking us on Facebook and following us on Twitter @TheAlestle and @TheAlestleSport. We would love to hear from you!

If there's something you don't see in the Alestle that you'd like to, email editor@alestlelive.com to contact me directly. We're always looking for ways to expand our coverage, so your story ideas are welcomed.

If you're thinking about getting involved on campus, consider the Alestle. You could become a staff reporter, editor or photographer, helping us continue to cover all things SIUE.

The Alestle is an award-winning student newspaper, which competes nationally with other student newspa-

The Alestle will continue to fill newsstands across campus every Thursday.

pers yearly, and we're always looking for talented undergraduate and graduate students to help us continue our past successes.

Working at the campus newspaper is a great way to learn more about your university and meet a lot of people in the process. Pick up an application at our office on the second floor of the Morris University Center.

We look forward to bringing you the latest campus news.

From the SIUE Chancellor

fall is time for a fresh start on a great campus

On behalf of the faculty and staff of Southern Illinois University Edwardsville, welcome to the 2013-2014 academic year! To our returning students, welcome back and thank you for your commitment to this exceptional university. To those of you who are just beginning your life as a Cougar, get ready for an exciting year of new experiences and challenging opportunities!



Julie Furst-Bowe
Chancellor

You have made a great choice in SIUE. Listed for the ninth consecutive year as one of the top 15 public universities in the Best Regional Universities Midwest (master's granting) category in "U.S. News & World Report Best Colleges of 2013," SIUE has so much to offer from our quality faculty and academic programs to a wide variety of extracurricular activities and special events. And I'm proud to point out that, for the fourth consecutive year, we are listed on the President's Higher Education Community Service Honor Roll, in the Distinction category, for giving back to the Southern Illinois region.

You will encounter a diversity of people and ideas during your time here on campus, and you will benefit from it all. The university is founded on five values that form the basis for everything we

do: citizenship, excellence, integrity, inclusion and wisdom. These values are so important to the essence of SIUE that they are displayed in the Morris University Center's Goshen Lounge for all to see. Be sure you commit them to memory; there may be a pop quiz before you're allowed to graduate!

As in most worthwhile goals in life, what you ultimately gain depends on what you invest. Whether you're a new or returning student, be sure to take advantage of the many opportunities available to you for activities in addition to your studies. Even with all of the hard work that will be required, college is supposed to be fun and full of memories and friendships that will last a lifetime. With more than 200 student organizations, there is something for everyone! Choose from intellectual, artistic, athletic or social activities, or any combination of these, and create for yourself a very rewarding university experience. And many of these activities are free to students, for example, the excellent Arts & Issues fine arts series and scheduled NCAA Division I athletics events. There are so many ways to

optimize your time here at the "e!"

Another important way to get the most out of your college experience is to stay informed on campus activities and topics of current interest. One of the best ways to do this is to read the campus newspaper, The Alestle. This publication is named for the Alton, East St. Louis and Edwardsville communities, highlighting the importance of SIUE's three educational branches. Feel free to offer your opinions in The Alestle and stay up-to-date on what the rest of the campus community is doing and thinking.

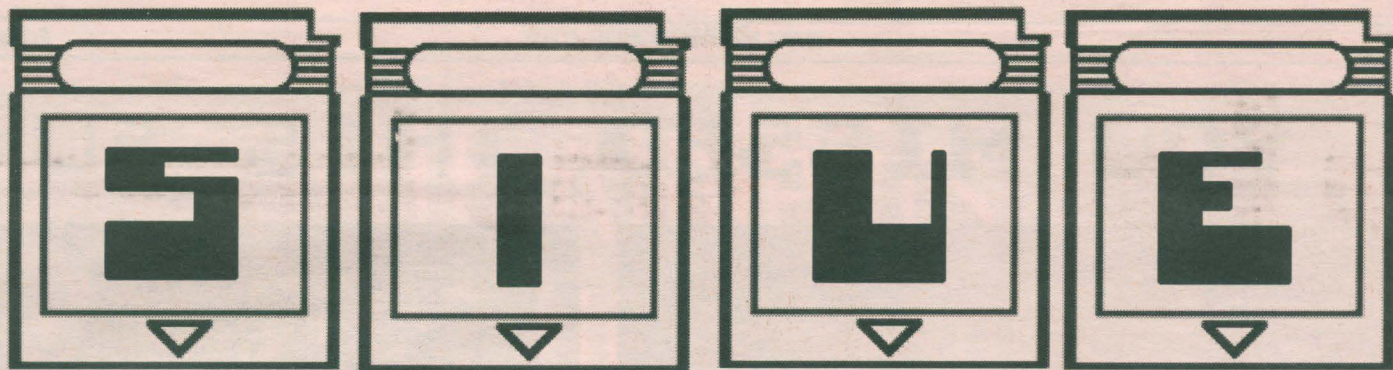
There are so many ways to optimize your time here at the "e!"

The fall semester is always an exciting time of fresh starts and new opportunities for investing in the future.

Make the most of your time here by working hard and getting involved in your university. And remember, you have a small army of support in the faculty and staff of SIUE. Don't hesitate to ask for what you need.

I wish you all the best for a very successful academic year. Tomorrow depends on what you learn today!

Go SIUE!



From the Student Body President

enjoy the college experience: get involved, meet new people

Entering college can be one of the most exciting (and frightening) times of your life. You might move away from your parents or your friends. You are probably going to take more difficult classes. You are definitely going to meet a ton of new people. This is the best part of college!



Alexa Hillery
Student Body
President

As the school year starts, I encourage all students, whether you're a freshman or a senior, to go out and meet five new people. Just five! Trust me, it will be easy. During the first month of school alone, there is something going on every single weekend. There are also people in your classes you don't know and activities fairs in the Goshen Lounge. Haven't met five people? Join an organi-

zation! Or you can take the five people you meet and create your own! The opportunities are endless.

SIUE is a great place to be. We're a young school, so the traditions that you make are yours to choose.

Leave a lasting impression at SIUE. Make this school yours. Go to a soccer game and show your Cougar pride. Study in The Gardens rather than Lovejoy Library.

There is a great sense of community at SIUE, and all you have to do to see it is spend a little time on campus.

So welcome to the 'e'! I genuinely want each and every student to have a great, successful year.

I would love to get to know as many of you as possible, so feel free to stop by the Student Government office any time! If you're having a hard time finding a place to get involved, Student Government has dozens of committees, and we can

find one that is the perfect fit. Also, if you want to change something at SIUE or have any ideas for the univer-

We're a young school, so the traditions that you make are yours to choose.

sity I would love to hear them.

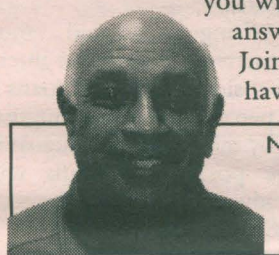
With that, I will leave you with one of my favorite quotes spoken by Henry David Thoreau. "Go confidently in the direction of your dreams. Live the life you have imagined."

Have a fantastic year!

From the Vice Chancellor of Student Affairs

the keys to success are as easy as 4-3-2-1

Welcome to the SIUE Community! This is an exciting time in your life. As a student, you will be introduced to many new and different ideas and experiences; you will be challenged to think logically and creatively about difficult questions; and you will be asked to discuss the answers to these questions. Join in these discussions. You have much to offer.



Narbeth Emmanuel
Vice Chancellor
of Student
Affairs

From my perspective, here are some valuable points to assure your success as an SIUE student: First, and foremost, invest the time and energy necessary to achieve good grades.

Experts recommend a minimum of two hours studying outside of class for every hour of class. Attend class regularly and make sure you know your instructor's attendance policy. Be on time and be prepared for every class meeting. Sit in the front of the classroom! Follow your syllabus, and make sure that you are organized and that your assignments are completed in a timely manner. If you need help, talk with your faculty or advisor so they

can direct you to the best source of assistance.

Second, resolve conflicts, differences and disputes by thoughtful discussion.

Civility is a cornerstone of our academic community - you are expected to act and behave accordingly. At times you may disagree with fellow members of the academic community. Part of your college experience is learning to resolve disagreements and differences of opinion in a fashion that is in keeping with your role as an educated member of the SIUE community.

Third, get involved in campus life.

There are numerous opportunities available to you to become involved in activities and services beyond the classroom. Check out the student organizations on campus. They need your participation. Consider doing volunteer work related to your academic major or participate in the social and recreational opportunities on campus. All of

these activities give you the chance to interact with your fellow students, faculty and staff and serve to enrich and broaden your education.

Fourth, and lastly, take care of yourself.

Achieve the balance between what is required to succeed at the university and the other obligations of family and work. Occasional stress is a normal part of a student's life. How you cope with it, in a constructive manner, will make all the difference for you.

Make lifestyle decisions

As a student, you will be introduced to many new and different ideas and experiences.

that are in your best interest.

Again, I welcome you to SIUE. I encourage you to follow the SIUE 4-3-2-1 formula for success: graduate in 4 years; maintain a minimum 3.0 grade point average; devote 2 hours prep time per credit hour; and involve yourself in at least 1 campus activity.

I look forward to meeting you on campus and hope you find your university experience both rewarding and memorable.

WHAT YOU MISSED THIS SUMMER

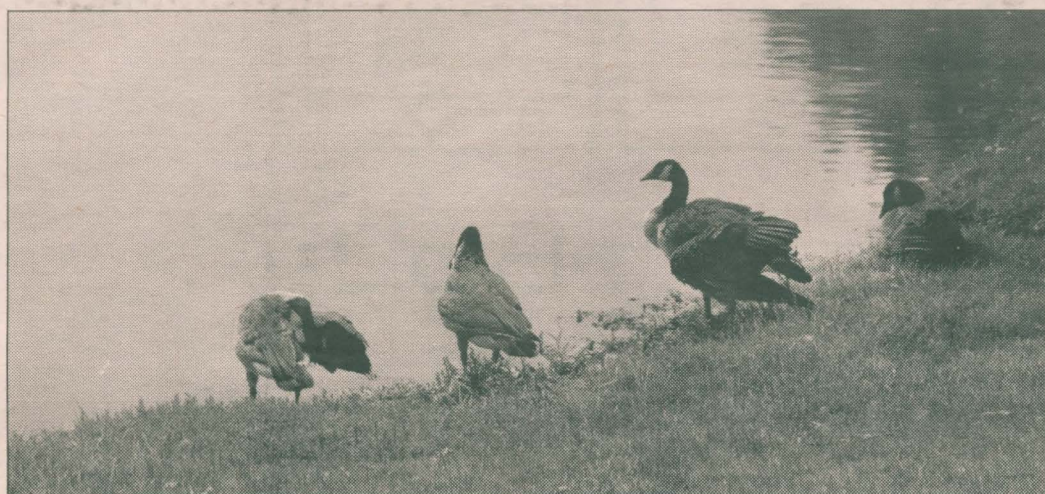


Photo by Rebehka Blake/Alestle

CANCELLED CHARITY HARVEST OF GEESE SPURS CAMPUS DEBATE

The relationship between the SIUE campus and Canada geese is a rocky one, and there is no easily agreed upon solution to the issue at hand.

German professor Doug Simms thinks there are different ways to solve the goose problem that could involve a campus-wide effort rather than a "charity harvest."

"This is a source for senior projects, URCA projects, where looking at ways to live with the geese should also be addressed," Simms said. "It's a matter of maintaining."

Simms said the geese are important to SIUE because they have been a big part of

campus experience.

"I've always liked having the geese on campus. It's something I associate with being on campus," Simms said.

During the 19 years he has spent at SIUE, Vice Chancellor for Administration Kenneth Neher said he has watched the goose population and the associated issues accumulate.

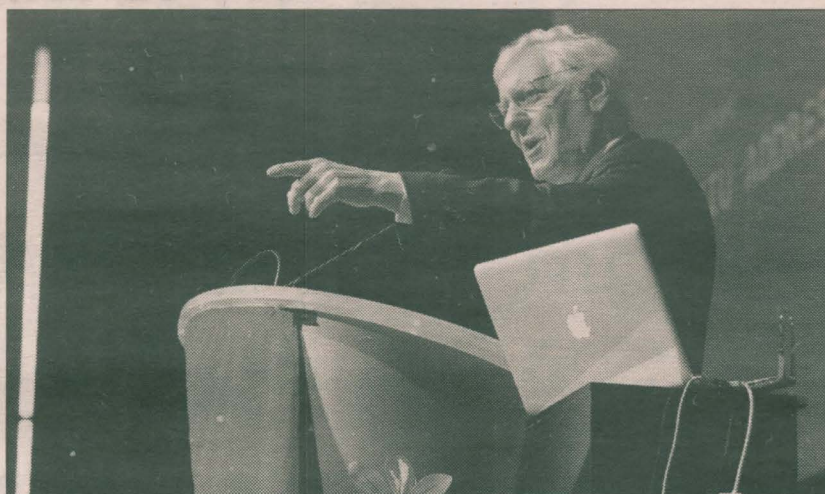
According to Neher, the administration approved many humane methods that have been attempted to treat the growing population concern over the years.

"Some of the things they

do is put a spray down. We just have too much land to put down a repellent, and it has to be redone all the time," Neher said. "We have tried to change the way the vegetation is around the lake. They have tried fencing and some variety of other things. None of that has particularly worked, and we still wind up overpopulated with geese."

Many alternative solutions have yet to be researched and tried on this campus, but for now, the geese are safe.

Read the full article, and other stories from summer, online at AlestleLive.com.



Alestle file photo

POSHARD ANNOUNCES RETIREMENT

Southern Illinois University President Glenn Poshard announced Thursday that he will retire after the 2013-14 school year, according to the school's board of trustees.

Poshard told the board of his intentions at a meeting Thursday at the university's Touch of Nature Environmental Center, said Misty Whittington, the board's executive secretary.

"I think anybody at my age weighs and balances the need to stay on and work against the need to have a personal life," Poshard said Thursday night.

Poshard, 67, said he's proud of keeping tuition costs down and the university's finances sound even as the state deals with budget problems.

Poshard became president in January 2006, taking over the post

from James Walker, the first African-American president at the university, who died a short time later after battling cancer. Poshard will retire in June of 2014.

"It's going to be a loss to the university," said Randal Thomas, the board's chairman. "He's quite a legend."

Poshard previously served as a member of the board of trustees and the vice chancellor for administration at the university's Carbondale campus.

The university will convene a search committee made up of faculty, administrative professionals and student representatives to find a new president.

Read the full article, and other stories from summer, online at AlestleLive.com.

MAY 31 TORNADOES ILLUSTRATE FLAWS IN SIUE EMERGENCY PLANS

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According to Neher, the administration approved many humane methods that have been attempted to treat the growing population concern over the years.

"Some of the things they On May 31, the National Weather Service reported that an EF3 tornado touched down in the South Roxana area,

narrowly missing the SIUE campus. In all, the NWS reported nine tornadoes in the St. Louis metro area that night.

Although spared by the tornado, SIUE was hit by straight-line winds that toppled trees, caused minor structural damage and knocked out power.

The storm allowed emergency management services the opportunity to assess the strength of SIUE's emergency plan.

SIUE is designated as a StormReady university, meaning the college has an emergency operations plan in place providing redundant layers of communications for both receiving and issuing severe weather warnings and providing designated storm shelters.

The warning aspect of the plan consists of the e-Lerts and an outdoor/indoor alarm system. The e-Lerts system is available to all faculty, staff and students and sends out warning emails and text messages in the event of an emergency.

Due to the power outage, the e-Lerts were not sent out during the May 31 storm. However, the alarm sirens were activated.

Director of Emergency Management and Safety David McDonald said the e-Lerts

issue was being addressed.

"As [police station] was trying to switch to backup power, there was a glitch and the messages were not sent out," McDonald said. "We are working to get that problem solved."

In the event of an emergency, the e-Lerts system is activated by the SIUE Police Department. Lt. Kevin Schmoll said the department is working on solutions to the power outage problem.

"After the power went out, the e-Lerts system went down and had to reboot," Schmoll said. "We are currently training from the top down to address the possibility of this happening again."

McDonald said the failure of the e-Lerts system is the primary reason for redundant communication systems and advises everyone to have several emergency warning sources available to them.

"Besides signing up for our emergency text messaging system [e-Lerts], Madison County residents can also sign up for Code Red text messaging through the Madison County Emergency Management Agency website," McDonald said.

Read the full article, and other stories from summer, online at AlestleLive.com.

FED. SUBSIDIZED LOAN RATES DOUBLE

As of July 1, undergraduate students across the nation will pay twice as much for their new subsidized Stafford loans. The previous interest rate of 3.4 percent jumped to 6.8 percent due to lawmakers' failure to reach a bipartisan agreement.

The higher interest rate will not affect the roughly \$1 trillion in existing student debt. Congress' Joint Economic Committee estimated the increase will cost the average undergraduate an additional \$2,600.

According to Sally Mullen, director of SIUE's Financial Aid department, 4,962 SIUE students used subsidized loans last year and she is optimistic that lawmakers will have those students' best interests in mind when they reconvene.

"The university is confident that Congress can reverse the decision and retroactively lower the rates," Mullen said. "And our students won't be impacted."

According to a statement from the National Association of Student Financial Aid Administrators, the interest rate hike could impact an estimated 8 million students each year.

"We are disappointed that lawmakers were unable to find a bipartisan solution that would bring down interest rates for all federal student loan borrowers," the NASFAA stated, "despite the fact that the Obama administration and members of Congress have proposed similar solutions that would bring federal student loan interests down and align them with financial markets going forward."

Geography graduate student

Kenshin Hitengoku, of Edwardsville, said that it is just a part of going to school.

"Students don't have the leverage to combat rising interest rates. If you're going to go to school you're probably going to need a loan," Hitengoku said. "I don't really think about it. It is just a fact of life."

Both Mullen and the NASFAA are anticipating a retroactive change to the law in order to give relief to students preparing for the fall semester.

"Congress could move to retroactively change the interest rate on subsidized Stafford loans back to 3.4 percent after their August recess, but by the end of the August recess, a large portion of loans will have already been disbursed," the NASFAA stated.

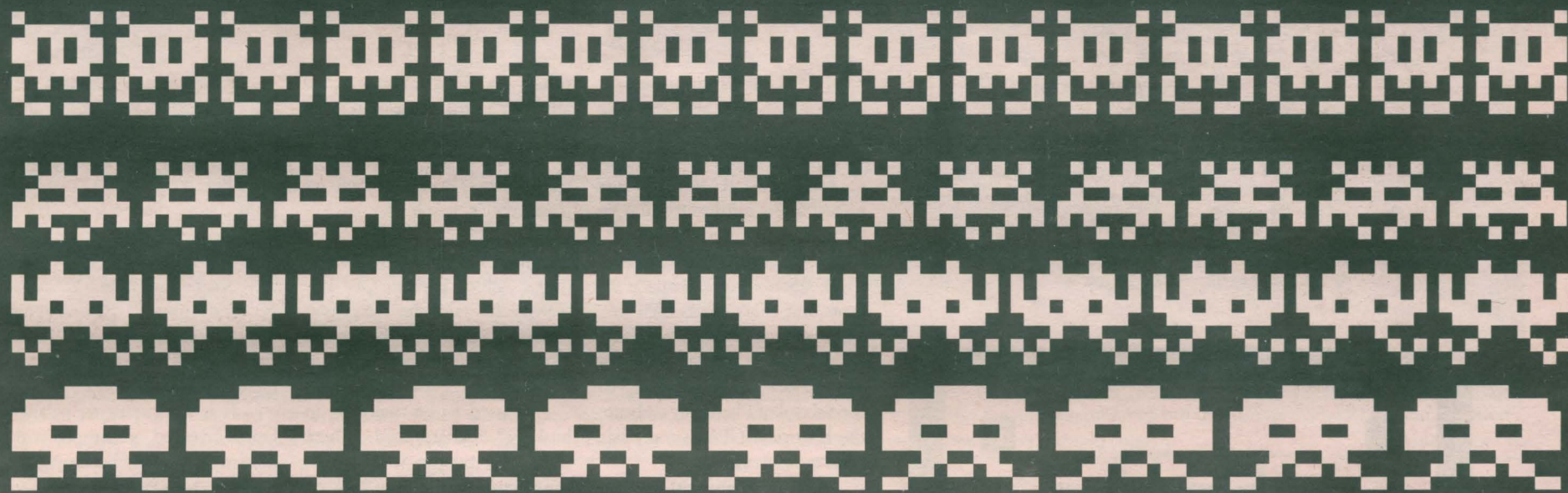
Freshman engineering major Daniel Halleran, of Waltonville, said he would consider leaving college for a time to avoid the loans.

"With the job market the way it is, it is only going to take longer to pay loans off," Halleran said. "At this point, I would rather drop out a semester and work than pick up a new loan."

According to the NASFAA's statement, the recess for the July 4 holiday could stall any hopes of a policy reversal.

"Chances are, by that time, we have lost momentum for any legislative changes," the NASFAA stated. "Pending any future action by lawmakers, NASFAA is telling our members to advise students that

Read the full article, and other stories from summer, online at AlestleLive.com.



OBJECTIVE: SURVIVE IN RESIDENCE HALL

TIPS TO HELP YOU ALONG

LEVEL 1

Set expectations with your roommate from day one:

Set rules early to make sure you are both on the same page. Talk about sleep patterns, study habits and set guidelines like, "No guests after 10 p.m. on school nights." Make a cleaning schedule for your room with your roommate and bathroom with your suitemates.

LEVEL 2

Get to know your R.A.:

If you have any issues or questions, your resident assistant, or one of the other 10 in the building, serves as an excellent source of advice and help. If you are having a conflict with your roommate or any other problem, your R.A. can be a mediator to help you work it out. As an upper-classman, they have been through some of the same things you may go through.

LEVEL 3

Make your room your own:

Give your room personality by putting up posters, pictures and other mementos. Decorate your room during the holidays. This makes your room homey and will help you enjoy living there even more. Do not put off setting up your room. Take the time and do it early on.

LEVEL 4

Keep your door open:

When you are just watching TV or doing homework, prop open your door so other residents can stop by. This is a great and easy way to meet people and much less awkward than running into your suitemate on the way to the bathroom.

LEVEL 5

Explore:

Such close quarters shared with another person will make anyone claustrophobic. Get out of your room and go elsewhere to hang out or study. This also encourages you to meet more people. The campus alone is full of options like the bike paths, nature reserve, The Gardens, Cougar Lake, the sand volleyball courts, Cougar Lanes and more.

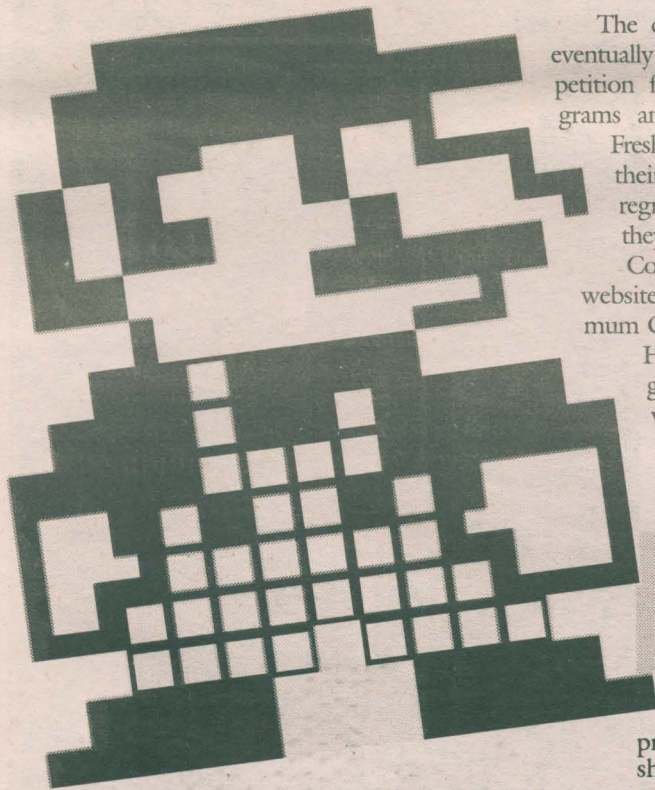
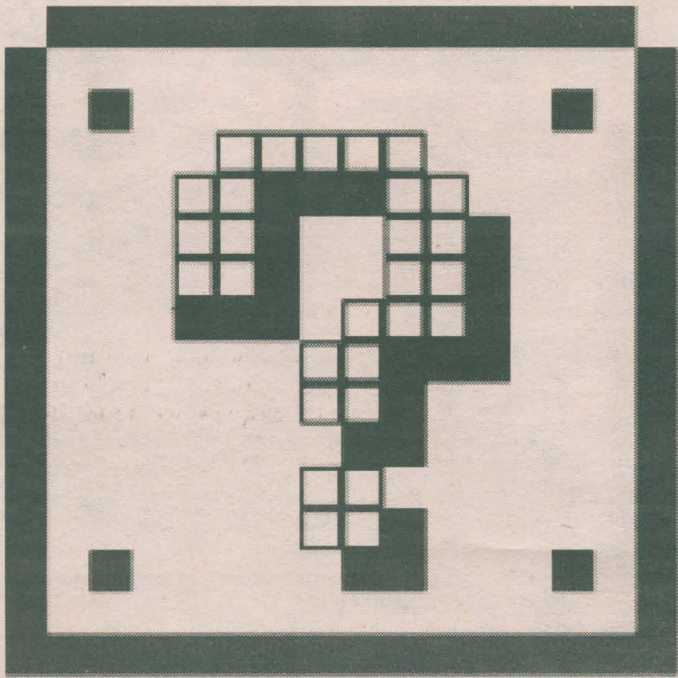


ACADEMIC SUCCESS STARTS NOW

STAY ON TRACK DURING YOUR FRESHMAN YEAR

KAREN MARTIN
Alestle Copy Editor

While freshmen may not have a clear ambition for the future when they begin their studies, once the light bulb turns on, they may have missed opportunities.



The college experience eventually turns into a competition for graduate programs and job prospects.

Freshmen who slack off their first year might regret it by the time they begin applying.

College admissions websites will post minimum GPA requirements. However, these programs tend to be very competitive. Students will need

GRADUATE SCHOOL

Jerry Weinberg, dean of the graduate school and associate provost for research, said students should begin looking into graduate programs during their junior year.

According to Weinberg, planning by working backwards is a helpful step.

"I tell my students that they're going to be sending in applications sometime in the fall of their senior year. Somewhere between November and February are the deadlines for ap-

to go beyond the minimum to move forward in any graduate program.

SIUE's pharmacy program, for example, states that students must have a minimum GPA of 2.75 in the pre-pharmacy curriculum to even be considered. SIUE's School of Pharmacy accepts only 80 students each academic year, and the average GPA for students in the hard-sciences in 2012 was 3.54. According to the School of Pharmacy website, the historical GPA average has been more than 3.6.

Connie Stamper-Carr, director of Student Services for the School of Pharmacy, said it is helpful for students who want to get into a competitive program, such as pharmacy, to know up front what the GPA has been for those admitted in the past.

"They're listed on our website," Stamper-Carr said. "I think that knowing you have a GPA goal helps you monitor your behavior or decide how you're going to act if you have to get a 3.5."

Regardless of major, Stamper-Carr suggests all incoming students establish a GPA goal in order to keep them on track.

Missing class can greatly increase the difficulty of a semester. Depending on the course, lectures can be packed with information that will show up on a test. A student will lose his or her cushion for finals week with each bad test grade.

Senior theater education major Josh Sutter, of Troy, said he regrets missing many classes during his academic career because it was hard for him to catch up in class later.

"There are some classes where I would miss a lot of key

notes, and if you don't know anybody in the class, then most teachers won't give you the notes," Sutter said. "You can't go to the teacher and have them re-teach you a whole day of lecture."

Junior English and history major Ashley Eckhardt, of Edwardsville, said she has never missed a class, but sometimes wonders how students catch up afterwards.

"I used to be majoring in biology," Eckhardt said. "There would be people who would miss lecture, and it's like, how do you stay on top of things when you're missing so much important information?"

Even if a student is taking his or her classes seriously, college tests often center on critical thinking skills, application and concept relationships.

"Even with regular gen-ed classes, the best thing is to take clear notes and pay attention in class," Sutter said. "Flashcards help. I had a theater class where it was about the different forms of theater. That's actually a hard class because you're learning everything from surrealism to realism. If you're not paying attention in that class, you will fail."

Other keys to studying are organizing and consolidating notes and making application questions. Being able to develop challenging questions and answer those questions means a student is well prepared.

While success in the classroom is valuable, GPA is only half the battle. Getting involved with social events, student organizations and volunteer activities will add to a student's academic and professional resume.

"There's a few theater student organizations that I wish I would have been more involved with. I've done stuff with them, but I haven't gotten too in depth with them," Sutter said. "It's a lot more experience. It's a lot of fun."

Sutter said these activities become valuable through the connections that are made and the relevant work experience gained.

It is important to balance being involved on campus with academics to avoid becoming incredibly overwhelmed. Stamper-Carr said the School of Pharmacy values leadership and volunteer experience, but not at the cost of students' grades.

It is advantageous for a student to get involved in research projects with a professor or with SIUE's Undergraduate Research and Creative Activities program. All a student needs to do in order to get involved is ask a professor in the related class of interest.

At SIUE, undergraduate students can participate in academic research that will provide them with important, hands-on experience.

For new students who are not sure what direction to take with their future, Stamper-Carr suggests visiting the Career Development Center, talking with professors and researching online.

"I think one thing freshmen don't realize is how important it is to talk to your instructors," Stamper-Carr said.

SIUE's academic advising website has a page for academic success.

More tips can be found by accessing siue.edu/advising/strategies.shtml.

plications for most programs," Weinberg said. "So they should work backwards in terms of taking the GRE [Graduate Record Examination]. What I always recommend to them is plan on taking [the GRE] twice."

Determining who to ask for letters of recommendation can be another challenge for students. According to Weinberg, it can change depending on the program. Students interested in a Masters of Business Administration program may want letters from industry professionals, whereas students interested in a research-oriented program will want letters from professors.

In order to provide students with the most information possible in one

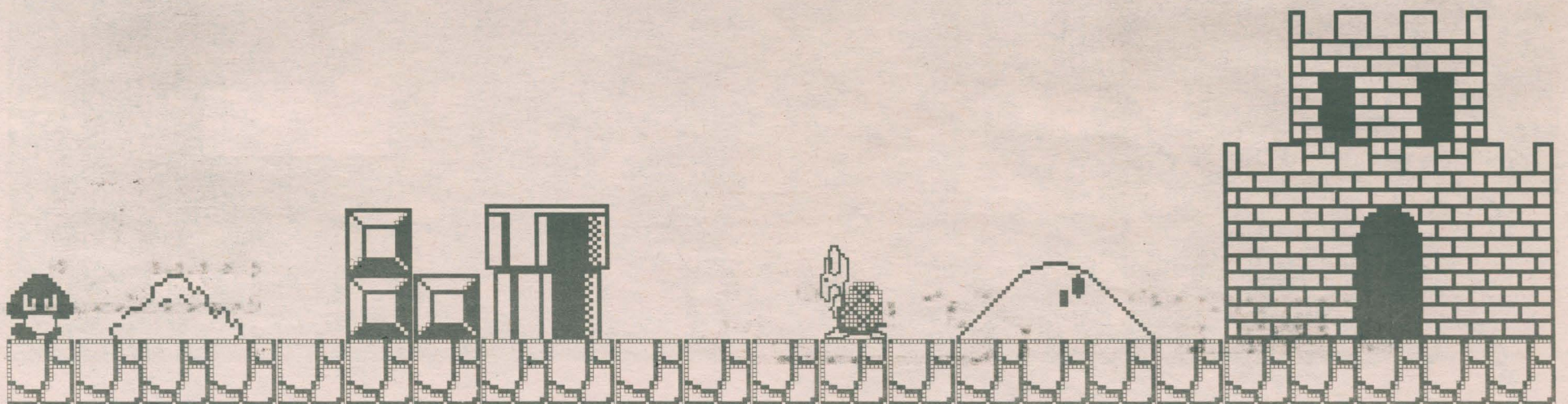
location, SIUE's graduate school holds the Graduate School Fair in October. The fair has representatives from all of the programs as well as support services.

Students can visit the fair to get information about program requirements, deadlines, financial aid, assistantships, careers and entrance exams.

Weinberg said there will be representatives at the fair to assist prospective international students with their questions.

If a student decides to apply for a program during the fair, the application fee is waived, Weinberg said.

Karen Martin can be reached at kmartin@alestlelive.com or 650-3527.



NO MORE MONKEY BUSINESS

Time management tips and tricks

1 Have a life:

Allow yourself time to do something you enjoy, whether that is having dinner or bowling with friends. Doing things not related to academics can help you when it comes time to hit the books. Be careful to realize when you have had enough fun and learn when to say "no" so you can stick to your schedule.

4 Do your work on time:

Although it is tempting not to do your homework because the professor does not check to see if it is done, it takes less time to do it when it is due than to read 300 pages the night before a test.

7 Sleep:

Lack of sleep is worse for you than you think. Not only does it affect your mood, but it also affects your mental and physical health. Include plenty of time for sleep in the schedule you make at the beginning of every week.

2

Do what works for you:

Schedule your study times during the time of day you are most alert, whether that is 10 p.m. or 6 a.m. Lovejoy Library accommodates both early birds and night owls, opening as early as 7:30 a.m. and closing as late as 10 p.m. Monday-Thursday.

5

Divide and conquer:

Break your projects up into chunks and spread them out over a few days. Add more time than you think is needed in case of an emergency, like a computer crash.

8

Map out your week:

When you look at your schedule, figure out what your commitments look like for the week. Your academic work should always come first when planning out your week. You are here for a reason: to earn a degree. SIUE even offers free planners to get you started.

3

Make use of your breaks:

If you have a three hour break between classes, use that time to study rather than mess around on Netflix or Facebook. If you can schedule your courses so they are one after another, you may find more time in the week to study. Remember the equation: one hour of lecture time equals two hours of study time.

6

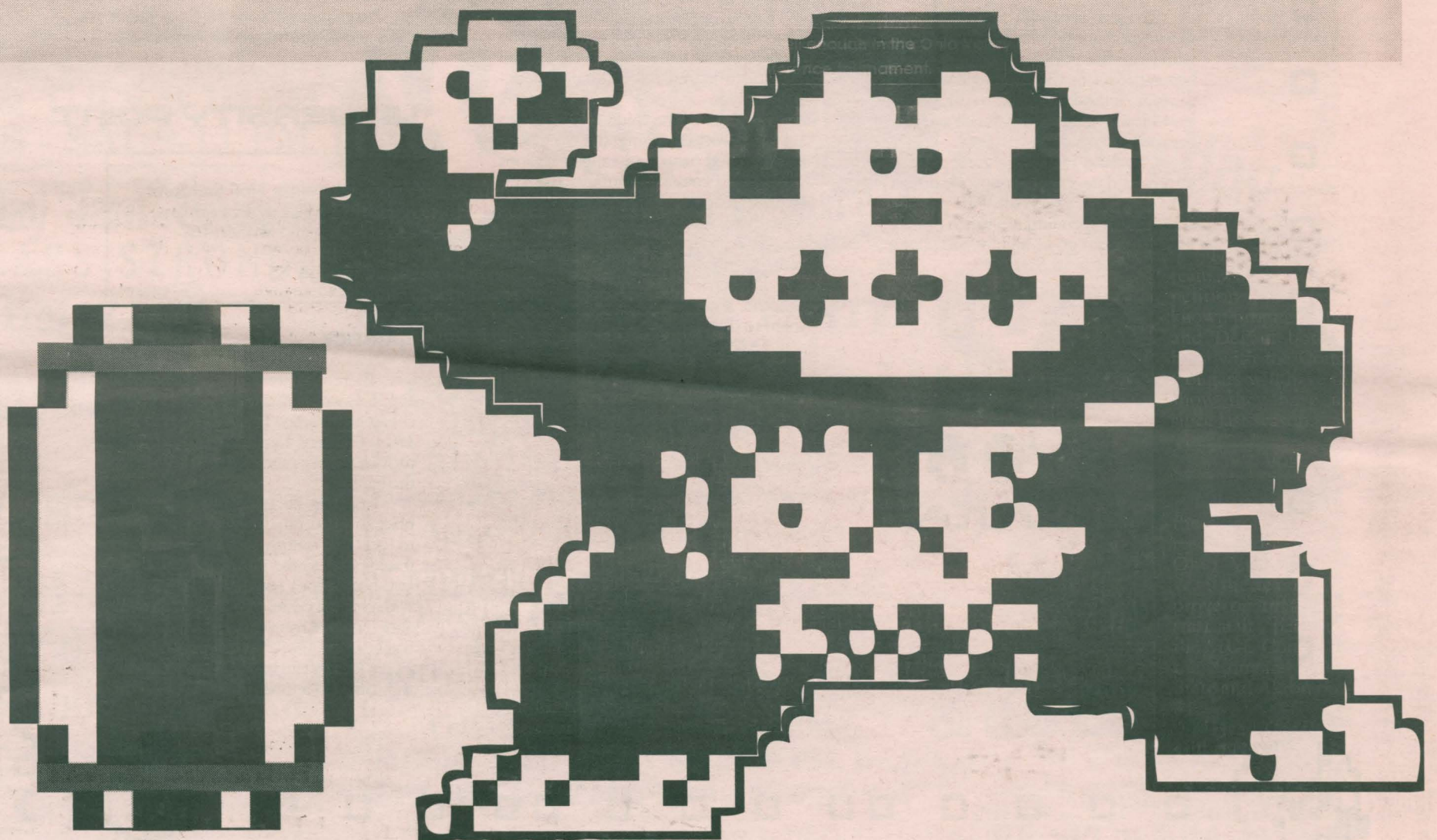
Focus:

Attention is needed in college, whether in class or on the homework itself. Reprogram your brain to be able to focus in 20-minute spans and reward yourself with a five-minute break.

9

Go to class:

If you miss class, it takes a lot more time to learn the material yourself than if you would have been in class in the first place.



EDWARDSVILLE EATS

MAIN STREET

Establishments: Dewey's Pizza, Cleveland-Heath, Taj Indian Cuisine, Sgt. Pepper's Cafe, Bigelo's Bistro and Fiona's

Price Range: \$-\$\$

STAFF PICKS

It's 2:31 a.m. on Saturday. You're in downtown Edwarsville and hungry. You could walk 0.3 miles to Jack in the Box or 500 feet to Fiona's Family Restaurant.

As a 24-hour diner — at least Wednesday to Sunday — that serves breakfast all day, it would be foolish to expect Michelin star-quality food from Fiona's.

Yelpers decry Fiona's quality of food and service, but, on a college budget, cheap, mediocre food is better than no food.

Fiona's homey feel makes it the perfect place to sober up after last call or to pull an all-nighter while enjoying an Early Bird Special — two pancakes, eggs, and sausage or bacon — for \$4.99.

Cleveland-Heath calls itself "gourmet comfort food" and that description couldn't be more accurate. Everything from tacos to burgers to BLTs are served in a way that diners have probably never seen before.

Make sure you don't pull up to the restaurant starving. The wait to be seated can be up to an hour, especially at dinnertime, and not just on the weekends. Cleveland-Heath has drawn a lot of attention to Edwarsville and, as a result, the restaurant is always packed.

Even with the tables full and situated close together to accommodate the traffic, the atmosphere is still intimate among parties. It's easy to have a conversation, and the lighting is right where it should be, between the extremes of fluorescent and so-dark-I-can't-find-my-fork.

The staff is helpful and friendly for those who have never navigated a menu with items like pork belly — which is the best appetizer, by the way. Depending on the type of food you'd like to eat, Cleveland-Heath offers brunch, lunch and dinner menu items.

Cleveland-Heath is a great place to impress a date, enjoy an upscale dinner with friends or even visit with parents, and without spending too much money. The prices can go as high as \$31, but a typical entree is \$8-\$10.

PLUM CREEK

Establishments: Peel Wood Fired Pizza and Mike Shannon's Grill

Price Range: \$\$-\$\$\$

STAFF PICK

There's a sizzle coming from the kitchen at Peel, located at 921 South Arbor Vitae. Whether it's the hype or sound, both are appropriate for the kind of food that this wood-fired pizza restaurant is producing.

When walking into Peel, you're met with a friendly host. The staff is attentive and friendly and the atmosphere is that of a sports bar without the ostentatious jerseys and twenty televisions.

Peel is best for friends or family with the intention to celebrate an event. It's busy and noisy at rush times, so it's not great for conversation unless you strategize. The food comes in great portions and the pizza isn't costly — about \$12-13. However, the wines are. If you intend to drink, stick with the ales and ciders.

S BUCHANAN ST

Establishments: Craft Chophouse and Wasabi

Price Range: \$\$-\$\$\$

STAFF PICK

If you like steaks from buffet restaurants or a place like the Olive Garden, and you want to continue enjoying that quality of steak, you should avoid Craft Chophouse.

Steaks from good steakhouses have an aged and seasoned flavor that cannot be found anywhere else. The filet mignon and Delmonico steak the Alestle had from Craft Chophouse were cooked to perfection and full of quality steakhouse flavor.

Scallops in the middle of America are often worth skipping, but the Chophouse served pancetta wrapped scallops worthy of a coastal restaurant. The lobster bisque soup, on special the night we were there, was bland at best.

The service and dining room are nice, but not pretentious.

Dinner is the best time to go, and students should recruit parents to take them to this pricey steakhouse.

Expect to pay at least \$18 for your main entree and appetizers range between \$9-13. With drinks, a meal can near \$90 for two.

TROY ROAD

Establishments: Sugo's Spaghetti-ria, 54th Street Bar and Grill, El Maguery, La Casa Mexicana, The Orient and Pantera's Pizza

Price Range: \$-\$\$

STAFF PICKS

La Casa Mexicana may be hidden behind Dierbergs off of Troy Road, but its flavor stands out among Mexican restaurants in town.

The Alestle recommends the quesadilla fajita, which comes with rice. It is priced like most surrounding Mexican restaurants, and they have lunch specials under \$10. Every day, La Casa has a good drink special, whether it is beer or margaritas.

A dinner for two would be around \$30-\$40, depending on appetizers and drinks. Like all Mexican restaurants, it comes with free chips and salsa.

The service can be slow some days, but if you go there for your birthday, you are sure to have a good time. They will sing loudly in Spanish and make you wear a massive sombrero — those of age can expect a flaming shot of tequila.

Although slow, the wait staff is friendly, and the walls are decorated in all sorts of Mexican traditional artwork.

If you are looking for a quiet dinner for two, this is not the place. The restaurant is loud and music is playing. It is best for groups of friends looking to get some good food.

Tucked into the Montclair Shopping Center is one of Edwarsville's hidden gems, The Orient Chinese restaurant. The interior of the restaurant is nothing special and is relatively small; however, it is one of the best Chinese restaurants in the area.

The Alestle recommends taking your roommate for some of the crab rangoon, or ordering take-out and eating in front of the television.

Prices ranged from \$5-8 for lunch items and \$8-12 for dinner items.

UNIVERSITY POINT

Establishments: Nori Sushi and Japanese Grill, Los Tres Amigos, Wang Gang and Shangri-La

Price Range: \$\$

STAFF PICK

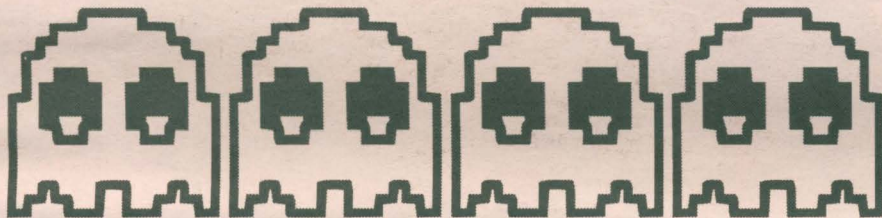
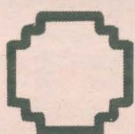
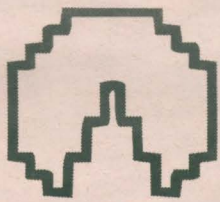
There are three things that amigos at SIUE want in their lunch — cheap, cheap and cheap. Los Tres Amigos, at 1011 Century Drive in Edwarsville, provides a nice lunch that will not break the bank.

Los Tres Amigos is a simple little place in a strip mall. You are not going to get the feeling you are somehow transported to the southern tip of Oaxaca, but it does have a nice, rustic feel with colorful pastel walls, concrete floors and Diego Rivera prints adorning the walls.

Most entrees range from \$8-10, and they offer a \$5 lunch special.

DOWNTOWN DRINKS

FOR THOSE 21 AND OLDER



GLOBAL BREW

Global Brew is a specialty bar, concentrating its efforts on a huge selection of draft and bottled beer. It also serves some wine but no hard liquor.

Bottled beer is available for carry out with a 25 percent discount for six or more bottles. The beer is not cheap, with the least pricey being Boulevard wheat beer at \$3 a pint; you can easily expect to spend \$6-8 per drink.

In our experience the bar tends to have its largest crowd from 9-11 p.m. This is a great place to begin a night out with friends or your significant other.

They do not serve food, but patrons are invited to bring in food from other places.

STAGGER INN... AGAIN

Stagger Inn Again has been THE college bar where students have been spending their Friday and Saturday nights since the 70s, and times haven't changed much.

The bar is still packed on the weekends around 11 p.m. with the college-aged crowd who come for the cheap drinks and stay for the live music and laid back company.

Stagger is a great place to end the night on a downtown Edwardsville barhopping adventure. It's got that easy, hometown feel where you can be completely comfortable. Usually you can find a table to relax at and enjoy anything from a \$2 Stag to a \$5 rum and Coke.

Sometimes you'll find people dancing on the makeshift dance floor in front of the stage, but typically it's groups of friends or strangers laughing and socializing or playing shuffleboard.

Even Wednesdays and Sundays—not your typical drinking nights—Stagger stays busy with its open mic nights. Patrons get the chance to see and hear the local talent perform, or even give it a try themselves, if they're brave enough.

LAURIE'S PLACE

Sometimes after a long week, all you want to do is toss back a few cold ones, listen to some live music and hang out with fun people. Luckily, downtown Edwardsville has just the spot for this at Laurie's Place.

This laid-back pub has become a staple of the Edwardsville bar scene and never fails to offer an enjoyable time. Laurie's offers live music on the back bar Thursday-Saturday from 9:30 p.m. to 1:30 a.m., cheap drink specials, awesome fried pickles, a spacious back patio and a vibrant atmosphere.

On the weekends, Laurie's is mainly packed with college students, so we recommend going Thursday-Saturday to give it a try. You're almost guaranteed to see old friends and acquaintances, which makes for interesting nights catching up, not to mention people from class and work that you may have never seen in that atmosphere.

The drinks are cheap enough to walk in sober and then stumble out the door, with \$3.50 Natural Light pitchers and \$1 pints offered every day on top of their revolving daily drink specials. Appetizers are also offered half-price in the evenings.

One thing that might bother some people is how crowded it can become. It can be difficult to find a place to even set your pitcher down on busy nights, but that also means more of a chance to run into people you know.

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START BECOMING A LEADER.

START CLIMBING HIGHER.

START ABOVE THE REST.

START BEING EMPOWERED.

START PUSHING THE LIMITS.

START FEELING INSPIRED.

START LEADING THE WAY.

START ACCOMPLISHING MORE.

START MAKING A DIFFERENCE.

START STRONG.SM



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FOR MORE INFORMATION CONTACT

Mr. Michael Porch at 618-650-2500, email to rotc@siue.edu, or visit: goarmy.com/rotc/back2siue

armyrotc.com

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we are One

we are the e[®]

"As members of the SIUE campus community, we have the opportunity to enrich our community by demonstrating respect and support toward every faculty member, staff member, and student regardless of their background. I invite everyone to celebrate differences and promote a nurturing campus environment for learning and working."

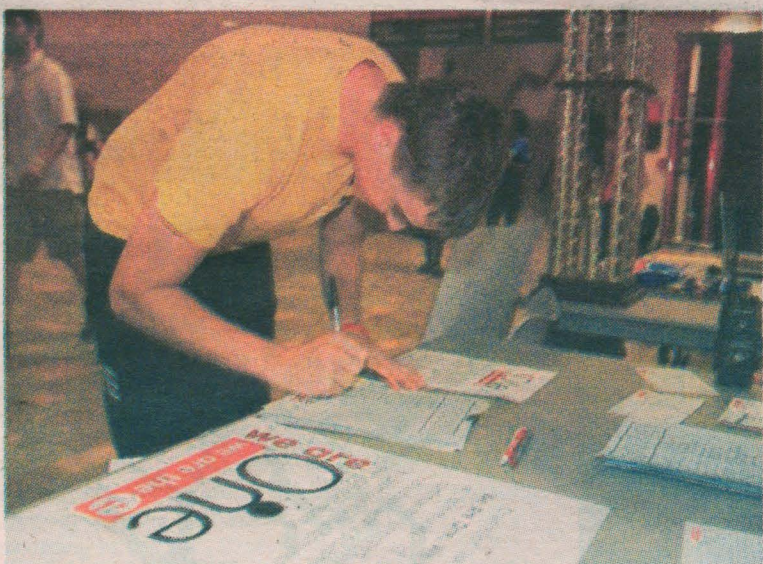
-Chancellor Julie Furst-Bowe



As global citizens, we have a responsibility to respect and support fellow individuals. We must work together to eliminate any form of injustice, oppression, or violence on our campus.

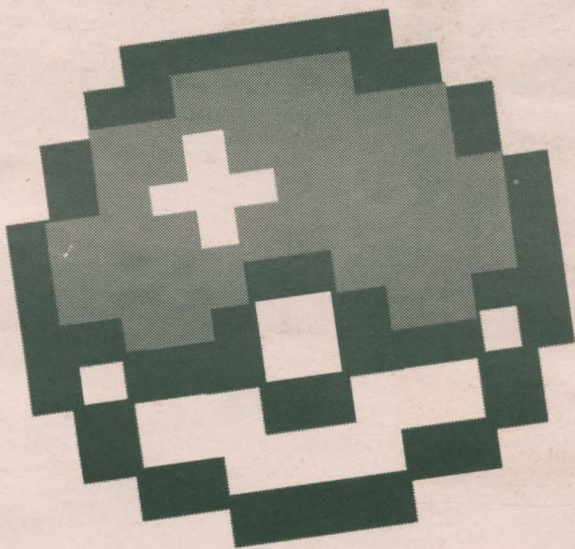
I invite every SIUE faculty, staff, and student to take the We Are One pledge. Come to the Kimmel Leadership Center to learn more about the We Are One campaign!

-Sarah Laux, Assistant Director
Kimmel Leadership Center



Make employers say

'I choose you!'



DAVID PRUITT
Alestie Reporter

Studies have shown students who work on campus and or in a job related to their major are more likely to stay in school and graduate. Unemployed SIUE students are not on their own in finding a job, though.

The Student Job Finder provides assistance with job placement on campus or in students' related fields. Students interested in finding a local part-time job on or off campus can take advantage of the help at siue.edu/studentemployment. All campus positions must be posted on the site for a minimum of three days.

Students can access Student Job Finder by logging in with their university ID and using their birthday for their password.

Director of Student Financial Aid Sally Mullen said students will need to be persistent. The site updates daily as jobs open and close, so it is best to check the site regularly.

"This is the time of year when all the new students are on campus, and everyone is looking for a job at the same time," Mullen said. "So yes, it is competitive, and I really encourage students to stay on it. Apply for a variety of different jobs and to check back daily."

To get a leg up on the variety of jobs that are available, Mullen said to broaden your options on Student Job Finder.

"There is a form online that you fill out. It's like a job application when you get into the search portion of the soft-

ware. Some of them just narrow it down too much," Mullen said. "If you're really just interested in a job on campus, then just select on campus and don't narrow your results down anymore than that. And then you will get a list of all the jobs that are on campus."

Mullen said the student employment office provides students with information about who to contact and where to apply for potential jobs. After initial contact, students should direct all questions to the potential employer.

Economics and finance graduate student Anne Peterson, of Manchester, said the process was easy to complete.

"I thought it was pretty easy. You just go to the website, and it walks you through everything you need to do," Peterson said. "It was pretty self-explanatory."

You do have to meet certain criteria to be employed by the college; you must be enrolled in at least six credit hours and be academically cleared. Once eligible, there are many jobs available both on and off campus.

"We have everything: campus rec, library, food service. Almost every department on campus has a student employee," Mullen said. "Some departments need students on very specific hours and they will list that on the job posting. Other departments just need help, but [on campus jobs] will always work around a student's class schedule. They understand that a student is a student first."

Dining Services employs the largest number of student

employees on campus, averaging around 400 positions that include jobs such as cashier and server, as well as positions such as food preparation and stocking.

Tammy Dugan, associate director of the Career Development Center, encourages students interested in working in a field related to their major to find a position on Cougar Jobline.

Cougar Jobline is SIUE's career search service, and according to Dugan, it is an excellent way for students to find a position that qualifies them for CO-OP status.

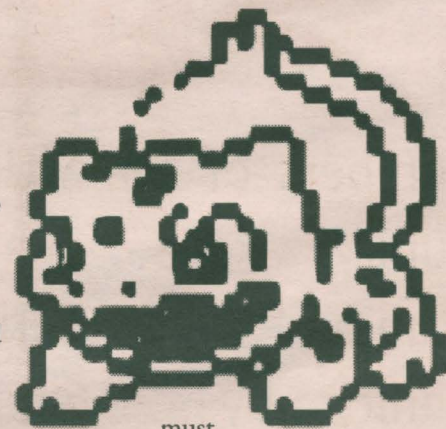
"This database is strictly for the use of students and alumni," Dugan said. "We have employers who are always looking for students to fill CO-OP positions."

A CO-OP is a position that is aligned with a student's major. Unlike an internship, CO-OPs are always paid positions that usually last for a one-year term and go on students' transcripts.

After completion of the CO-OP agreement, students will be given a zero credit recognition, but Dugan said it is the experience shown on student's transcript that counts.

"CO-OP is a fancy name for an internship. We get companies that look for our students that have participated in these programs," Dugan said. "There is proof on the transcript that this student has real-world experience."

Students are encouraged to visit the Career Development Center as soon their schedule permits. All students



must have their resume approved by a CDC counselor and go through an online orientation before they can use Cougar Jobline to obtain an internship or CO-OP.

"We have a lot of resources here. Students can have their resume looked at or prep for interview questions," Dugan said. "We

have experts come in and put students through mock interviews, and [we] have even had students get hired by those interviewers later."

Dugan said there are still students not taking advantage of the services provided by the CDC.

"I hate it when I hear students say that they didn't even know we were here or that we offered this or that," Dugan said. "Every student should make visiting the CDC a top priority. I mean, that is why they go to college — to get a job, right?"

News can be reached at news@alestielive.com or 650-3527.

Student Job Finder can be accessed at siue.edu/studentemployment.

Cougar Jobline can be accessed at siue.edu/careerdevelopmentcenter/jobline.shtml.

The Career Development Center is located in the Morris University Center. For more information call 618-650-3708.



THINK THRIFTY

BEFORE EXPENSES PILE UP

DAVID PRUITT
Alestle Reporter

"Living on a budget" is not a phrase that invokes thoughts of fun. It is akin to being on a diet, and we all know how popular that is.

But in the real world, where most college students do not drive luxury cars or live in trendy lofts with a picturesque view of the city, a budget is a necessity. Whoever refuses to acknowledge its usefulness does so at his or her own peril.

The situation: You just received your grants and financial aid money, maybe a new credit card or some money from your folks, and you're enrolled in the meal program. Life is looking pretty sweet. What could possibly go wrong?

The answer to that question is everything. It is such a certainty that a popular phrase known as Murphy's Law covers it.

Keep an eye out for Murphy and hang on to your money.

The good news is, not everything about a budget is bad. It not only gives you guidance and feedback on expenditures, but it also prompts you to look for creative ways to stretch your dollars.

Take the basic need of food. It can be easy to spend \$20 a day on food and snacks at convenient locations like gas stations and fast food restaurants. If you multiply that out for a month, you have spent \$620 on food alone. But there are alternatives.

Planned trips to wholesale grocery stores like Aldi's and Shop-N-Save can cut spending in half. You can achieve even greater savings if you use coupons. On select Thursdays, Shop-N-Save offers "Coupon Thursday," where you can save \$10 on your purchase of \$50 or more.

The same goes for other life necessities like toiletries and laundry detergent. Get together with some friends and set up a time to go to wholesale grocery stores and thrifty stores like Dollar General.

Keep in mind that using a credit or debit card to pay for small items makes the expense seem less real and can lead to needless purchases. Instead, keep a small amount of cash on you at all times. It can be handy in an emergency and also helps make the purchase meaningful. When you're down to your last \$10, you will reconsider the extra \$4 piece of beef jerky.

Another big expenditure where money can be saved is on your wardrobe. These are your college years, and you should not be afraid to be a little eccentric. This area has more thrift stores than could be listed in this article, but in one particular strip mall off of Troy Road, there is a Goodwill, Slackers and Walmart.

Not only can you find quality clothing at Goodwill, but it is also a good place to pick up a cheap piece of functioning furniture, some jewelry, shoes, books, movies or video games.

You can also use websites like Craigslist and eBay. In addition, Facebook offers Madison County Yard Sale and the SIUE buy/sell/trade group. However, anytime you purchase something online from an individual, exercise caution and meet in a public place.

When it comes to transportation,

pick up a cheap bike. All of the above sources can help you find a good used bike. And a \$40 bike will pay for itself in savings on gas in a week.

You can also take advantage of Madison County Transir's bus service. The buses run to all major areas in Madison County and will transport your bike as well.

Everyone likes to have the independence of their own vehicle, and it is handy to have a car available, but an automobile is one of Murphy's favorite targets. Even small repairs can end up costing several hundred dollars. Reduce the risk by driving your car only when necessary.

If you're looking for entertainment, take advantage of the free campus-sponsored parties and events or go to Cougar sporting events and support the student-athletes.

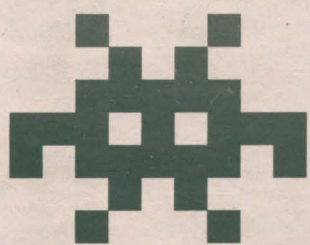
There are bike trails, parks and the gym available to give the mind a break and work out the body. There are even a couple of lakes that can be fished and a swimming pool to beat the heat.

Whatever your choice, hang on to those dollars. You will need them for a parking pass and whatever else Murphy throws your way.

The possibilities for saving money are only limited by your imagination. You can find roommates and split an off-campus apartment, work out a game or clothing exchange program, or alternate car pooling to save on gas.

You will find that if you stick to a budget and aggressively look for ways to save a dollar here and there, you will be able to concentrate on your grades and not your next meal.

News can be reached at news@alestlelive.com or 650-3527.



WHEN VIRUSES INVADE VISIT HEALTH SERVICES

KAREN MARTIN
Alestle Copy Editor

Nurses and physicians are available on campus to take care of students' basic health needs including appointments for minor health issues, women's health, lab testing, immunizations and counseling.

Minor care visits with a physician or nurse and women's health visits are free for students.

Lab tests typically cost \$10.

Antibiotics generally cost between \$3 and \$4, depending on the drug.

Sexually transmitted disease testing will vary in price based on the disease that is being tested.

Health Services Director Riane Greenwalt and charge nurse Nancy Heimann encourage students to call or visit the Health Services website siue.edu/healthservice to make an appointment before coming in. The appointments can be made for same-day visits. Walk-in students will find themselves waiting, Greenwalt and Heimann said.

According to Greenwalt, the staff looks out for the students' best options when it comes to treatment and medical costs.

"We always try to find the cheapest option because we know you don't have any money," Greenwalt said.

Karen Martin can be reached at kmartin@alestlelive.com or 650-3527.

Resources available

- The clinic offers services for acute illness, exams, referrals, lab work, women's health, allergy and testing services.
- Prevention against diseases such as rubella, mumps, measles, tetanus, diphtheria, pertussis and hepatitis A and B is available at the clinic. Flu vaccines are also offered during flu season.
- Students in need of health insurance can find an online application through Health Service's website. Insurance benefits cover a percentage of hospital expenses, surgery, doctor's visits and more.
- Adjacent to the Health Services clinic is a pharmacy for students that can fill prescriptions at a discounted rate.
- Laboratory testing is available for students at a low cost. The lab is capable of completing several types of tests on site.
- Counseling Services is staffed by professional psychologists to address the needs of SIUE students. They are located in the same office as Health Services.

For more information about what Health Services offers, call 650-2842 or visit siue.edu/healthservice.

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Lock-IN with
your favorite team
and great drink specials!



Drink Specials

Saturday & Monday

\$10 Domestic Buckets

Sunday

\$10 Buckets

\$2⁵⁰ Screwdrivers

\$2⁵⁰ Bloody Marys

Thursday

\$3 Long Islands

\$2⁵⁰ 23 oz. Drafts

(Coors Light, Miller Lite, Budweiser, Bud Light, Budweiser Select)



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\$10 DOMESTIC BUCKETS

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**Select Appetizers
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Friday & Saturday

10 PM - Close

Monday-Thursday

2 - 5 PM

Dine-in Only. Kitchen Closes One Hour Prior To Bar. With Purchase Of Any Drink At Regular Price. Cannot Be Combined With Any Other Coupon.

College Night

Wednesdays

Drink Specials

DJ 10 PM - 1 AM

\$1 Mugs &

\$5 Pitchers

(Coors Light, Miller Lite, Budweiser, Bud Light, Budweiser Select)

\$2 Wells

\$2 Longnecks

\$2 Shots

Weekday Lunch Specials

**9 Items To Choose From
only \$5⁹⁹**

Monday-Friday

11 AM - 2 PM

NEED HELP? ASK FOR IT

**Tutoring, writing help, proficiency exams and more:
There's something for everyone on campus**

CHEMISTRY TUTORING

While the Science Building has been evolving over the summer, free chemistry tutoring will still be available for students this fall.

The schedule will be announced during the first week of classes and will be posted on the door outside the room. Chemistry tutoring will take place in room 3040 of Science Building West.

The tutoring is run by students who have had previous success in chemistry courses.

SIUE alumnus and chemistry tutor Camron Davis, of Edwardsville, said the tutors are experienced enough to help students with general chemistry classes.

"We have [chemistry] 120, 121 and Organic Chemistry," Davis said. "That's pretty much what we're required to be sufficient with."

Tutors are there to help with questions and homework. Students who need assistance with chemistry lab questions can refer to their teaching assistants for help.

The physics tutoring room is located in the Science Building room 2328. The schedule will be announced during the first week of classes and posted on the door outside the room. The tutors will be available to help with questions and homework.

FOREIGN LANGUAGE TRAINING CENTER

The Foreign Language Training Center offers a wide variety of services exclusively for students in foreign language courses, from tutoring to foreign film rentals and foreign language software.

Also called the Foreign Language Lab, the FLTC is located in Peck Hall Room 2310.

According to FLTC director, Douglas Simms, free tutoring is offered through the lab. Students must contact a tutor, who is listed online or in the lab.

The lab has 52 PCs and eight iMacs for student use, each with foreign language software and cultural materials. Foreign language textbooks are also available in digital form.

Students who have taken French, Spanish or German in high school can take a proficiency exam to earn credit for, at most, the first two years of language classes.

Students can also check out DVDs and VHS tapes of foreign films from the lab desk to view in the Plasma Lounge. The Plasma Lounge also has a computer console and smart board that classes can use.

Some foreign language classes will meet in the Plasma Lounge or elsewhere in the lab. All foreign language classes from 100 to 302 require 1,500 minutes of lab time. In order for minutes to count, students must sign in and out with their Cougar Card at the front desk.

Students are welcome Monday-Friday, as early as 8 a.m. each day.

MATH RESOURCE AREA

The Math Resource area is a place where students in a number of courses can be taught by their peers.

Tutoring is available on a walk-in basis Monday-Friday in room 1252 of the Student Success Center.

The math courses tutored include AD 070 and 095, Math 111, 112, 120, 125, 150, Stat 107 and 244.

Basic Skills and Nursing test preparation help is also available.

The math tutors make a trip to the residence halls between 7 and 9 p.m. twice a week. On Tuesdays, they will be in Bluff Hall and on Wednesdays, they will be in Evergreen Hall.

Tutoring in science courses like chemistry, biology and physics is also available in the MRA.

The courses the tutors cover include Chem 113, 120 A/B/N, 121 A/B, 125 A/B, 131 and 241 A/B, Biol 111, 150, 151, 220 and 240 A/B, Phys 111, 131 A/B, 151 and 152.

Science tutors will be available from 7-9 p.m. in Woodland Hall on Tuesdays and in Prairie Hall on Wednesdays.

Economics and accounting tutoring is available as well for ECON 111 and 112 and ACCT 200.

The MRA has also added MS, CS, CMIS and philosophy tutoring in MS 250, CS 140 and CMIS 108 and 342, PHIL 106 and 111.

For more information and specific tutoring times, visit siue.edu/is/math.

CAMPUS POLICE

About 39 sworn law enforcement officers located on campus protect the SIUE community year-round.

These officers can issue tickets and arrests for crimes such as underage drinking and speeding on campus.

Campus police can be reached at 650-3324 for a non-emergency and to file a police report. Another way to reach campus police is through the blue emergency poles scattered around campus, which will alert the department when a student, guest, faculty or staff member pushes one of the distress buttons.

In an emergency, students are advised to call 911. The emergency button on a blue emergency pole will dial 911 if a student is unable to do so on his or her own.

Students, faculty and staff have the option of calling campus police for an escort when they do not feel comfortable walking on campus alone. This service is offered 24 hours a day, all year round.

WRITING CENTER

Regardless of major, any student is welcomed in the Writing Center for help with papers and other writing needs.

The center is not an editing or proofreading service. Students should come in with specific questions before or during the writing process. Writing Center volunteers can help students brainstorm a paper topic before they begin researching or help improve the paper along the way.

The Writing Center offers workshops that students can sign up for throughout the semester on topics like MLA and APA styles, commas, subject-verb agreement and more.

To make an appointment, call 650-2045 or stop by the office at room 1254 in the Student Success Center. Students are limited to one 30-minute appointment per day and two appointments per week.

For students who cannot make the trip to the office or feel they learn better from a distance, papers can also be submitted to the Writing Center electronically. Students should send specific questions along with other required information to wcenter@siue.edu.

For more information, visit siue.edu/is/writing.

TESTING SERVICES

Testing Services gives students the opportunity to earn credit in a course with which they are already familiar, without actually attending or paying tuition for the course in some cases.

Through proficiency examinations, available for almost all general education skills and introductory courses, students essentially take the final exam for a course, giving them the grade that will be on their transcript without needing to physically go to the 16-week long course.

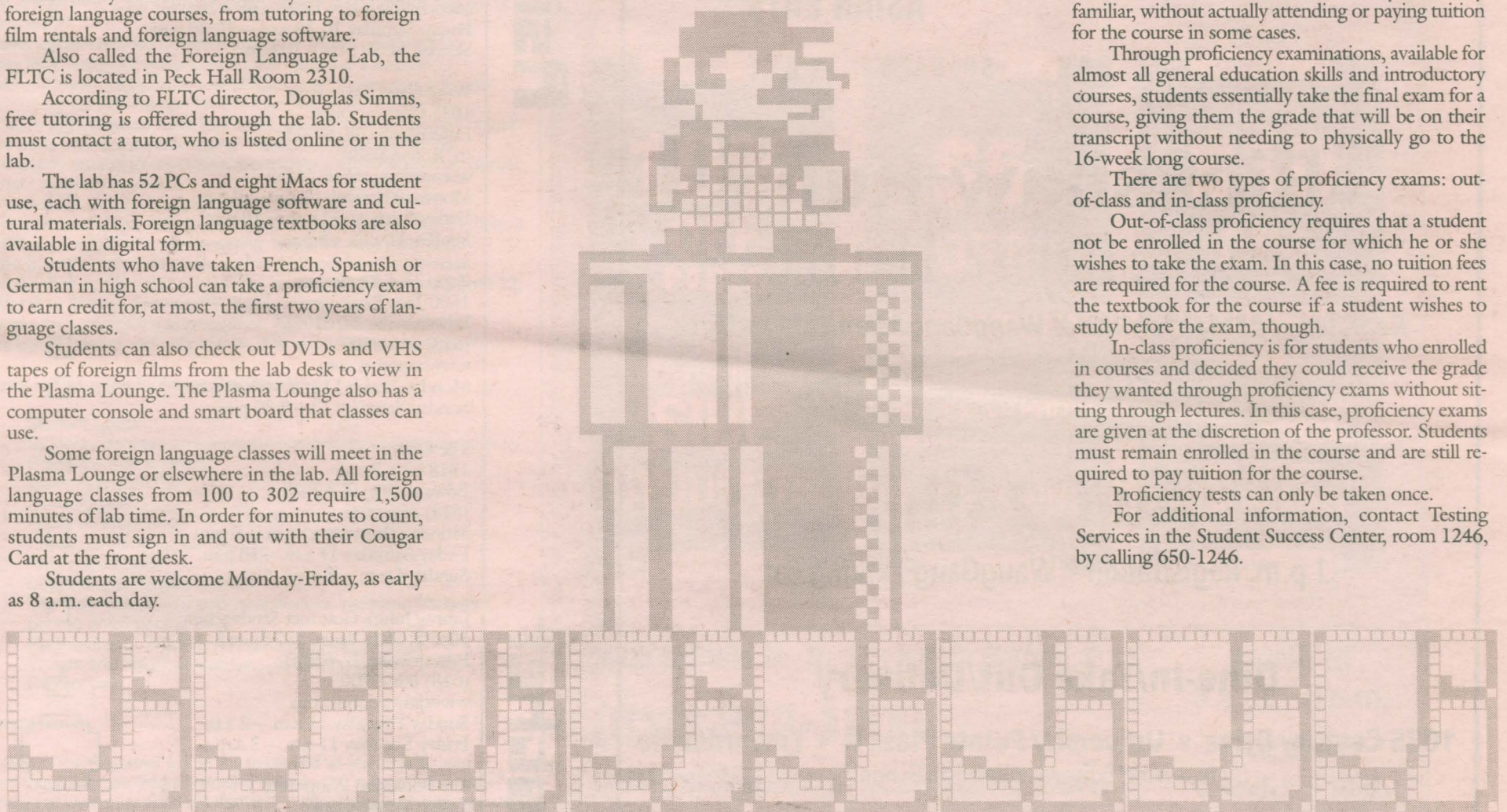
There are two types of proficiency exams: out-of-class and in-class proficiency.

Out-of-class proficiency requires that a student not be enrolled in the course for which he or she wishes to take the exam. In this case, no tuition fees are required for the course. A fee is required to rent the textbook for the course if a student wishes to study before the exam, though.

In-class proficiency is for students who enrolled in courses and decided they could receive the grade they wanted through proficiency exams without sitting through lectures. In this case, proficiency exams are given at the discretion of the professor. Students must remain enrolled in the course and are still required to pay tuition for the course.

Proficiency tests can only be taken once.

For additional information, contact Testing Services in the Student Success Center, room 1246, by calling 650-1246.



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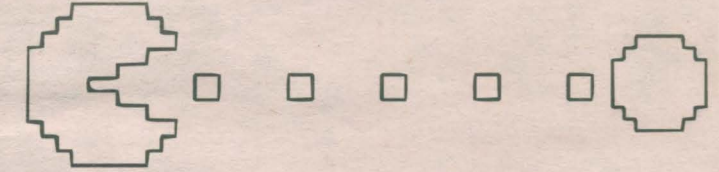
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VOX

Seagull

Who delivers to campus?



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(618) 692-1515
www.dominos.com
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Friday-Saturday 10 a.m. – 2 a.m.

Imo's Pizza
1100 S. State Route 157
Edwardsville, Ill. 62025
(618) 692-6100
www.imospizza.com
Sunday-Thursday 10 a.m. – 11 p.m.
Friday-Saturday 10 a.m. – 12 a.m.

Pantera's Pizza
1522 Troy Road
Edwardsville, Ill. 62025
(618) 692-6000
www.panteras-pizza.com
Sunday-Thursday 11 a.m. – 10 p.m.
Friday-Saturday 11 a.m. – 11 p.m.

Joe's Pizza & Pasta
4 Club Centre Court
Edwardsville, Ill. 62025
(618) 655-9400
www.orderjoes.com
Sunday-Thursday 11 a.m. – 9 p.m.
Friday-Saturday 11 a.m. – 10 p.m.

Pizza Hut
2386 Troy Road
Edwardsville, Ill. 62025
(618) 656-1110
www.pizzahut.com
Sunday-Thursday 11 a.m. – 10 p.m.
Friday-Saturday 11 a.m. – 12 a.m.

Papa John's Pizza
3592 S. State Route 159 (Cottonwood Plaza)
Glen Carbon, Ill. 62034
(618) 659-7272
www.papajohns.com
Sunday-Thursday 10 a.m. – 12 a.m.
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China King
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(618) 692-1888
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Friday-Saturday 10:30 a.m. – 10:30 p.m.
Sunday 11:30 a.m. – 10 p.m.

Wang Gang Asian Eats
1035 Century Drive
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(618) 655-0888
www.wanggangasian.com
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Friday-Saturday 11 a.m. – 10 p.m.
Sunday 11 a.m. – 8 p.m.

Zapp Thai Restaurant
1500 Troy Road
Edwardsville, Ill. 62025
(618) 656-6800
www.zappthai.com
Monday-Friday 11 a.m. – 9:30 p.m.
Sunday-Saturday 12 – 9:30 p.m.

The Orient
1518 Troy Road
Edwardsville, Ill. 62025
(618) 656-0044
Monday-Thursday 11 a.m. – 9 p.m.
Friday-Saturday 11 a.m. – 10 p.m.
Sunday 4 p.m. – 8 p.m.

Jimmy John's Gourmet Sandwiches
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The Gardens, located near Cougar Village, encompasses 35 acres of natural areas, small gardens and sculptures. A walking path runs through the property, but students are encouraged to explore beyond it. | Alestle File Photo

Education, research, relaxation available in one place on campus

KAREN MARTIN
Alestle Copy Editor

Students in need of a place for relaxation, creative space or volunteer opportunities can visit The Gardens at SIUE.

It is not only available to students, but also the public, and is designed to be a place of inspiration, learning and outreach.

Director of The Gardens Jane Drake, said she has seen students flock to the area at the start of the semester.

"We're a space for students to use however they want. If they want to come and do yoga, then come and do yoga. We have kids who come out and do tai chi in the morning," Drake said. "We have kids who come with their instruments. Two or three at a time come and practice. It's a great place for homework. It's a great place to take a walk and unwind."

Tours are also offered by request. Drake said she hopes guided tours are developed during the fall so regularly scheduled tours can be made available.

"In terms of a horticultural tour, we rely heavily on our master gardeners. They give great tours," Drake said.

Some of the most popular places for special events are the Lantern, Turtle Pond and the bridge over Turtle

Pond, Drake said. The Lantern can host up to 200 guests during an event.

Throughout the year, these locations will be the site for live concerts, including a back-to-school concert.

While relaxation is one way The Gardens are utilized, education and outreach programs are another application in which anyone can work or learn at The Gardens. Classes devoted to a variety of subjects are offered year-round.

"Historically, we have had a spring series and a fall series of outreach classes mainly for adults. Those are traditionally gardening classes: Container gardening, pruning and things like that," Drake said. "This year, we've had a lot of fun with our nature photography class."

Many SIUE students need volunteer experience to amp up their resumes or to compete for graduate school admission. The Gardens relies on volunteers and has plenty of opportunities available. Students can independently volunteer, or if they are already involved with a volunteering organization, their organization can collaborate with The Gardens.

What makes this location so valuable to the area, according to Drake, is the education, research and ability for people to relax.

"Having a venue for that in the Metro

East is really important," Drake said. "There are not a lot of places [in the area] that do that."

Students interested in more information or volunteer opportunities can call 650-3788 or visit The Gardens online at siue.edu/gardens.

Karen Martin can be reached at kmartin@alestlelive.com or 650-3527.



The Cougar Creed

As a member of the SIUE community I acknowledge and accept my responsibility in creating an environment that supports the pursuit of knowledge.

I will uphold high standards, in both my personal and academic endeavors, striving to achieve success while making a positive impact on the University community.

I will demonstrate a concern for others and respect their right to a civil environment. I recognize that higher education is a privilege and will seek to make the most of this opportunity.

Committed to the SIUE community; its past, present and future.

Open to other points of view.

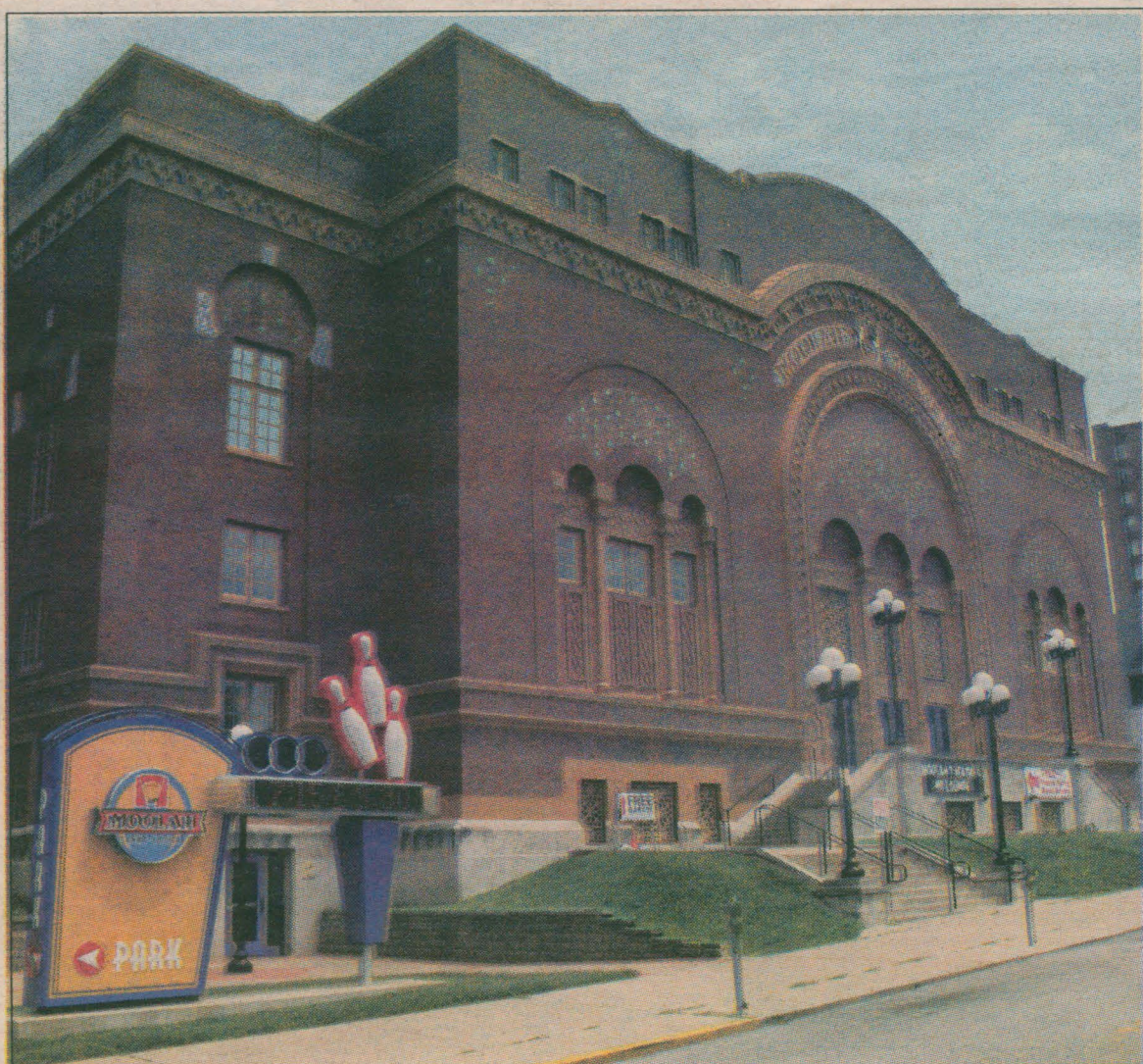
United in school spirit and pride.

Grateful for the privilege and the opportunities of higher education.

Accepting of classmates as colleagues and equals.

Respectful of the rights of others.

FIVE HISTORIC ST. LOUIS LANDMARKS THAT WILL NOT DISAPPOINT



| Photo by Rebehka Blake/Alestle



1 MOOLAH THEATER AND LOUNGE

The Moolah Theater and Lounge, originally the Moolah Temple, was built by the Moolah Shriners in 1912 and used by the group until 1988. After an extensive renovation, the building was re-opened as a movie theater.

The history, unique interior design and cinema experience make this a St. Louis landmark for moviegoers.

The Moolah has a full bar, and the first few rows inside the auditorium have leather couches and end tables for the audience to relax and enjoy a drink.

Tickets cost the same as regular movie theaters and can be purchased at the door or online. Visit stlouiscinemas.com/Moolah for ticket information and more details.

Located at 3821 Lindell Blvd
(314) 446-6868

READ MORE ON PAGE 22

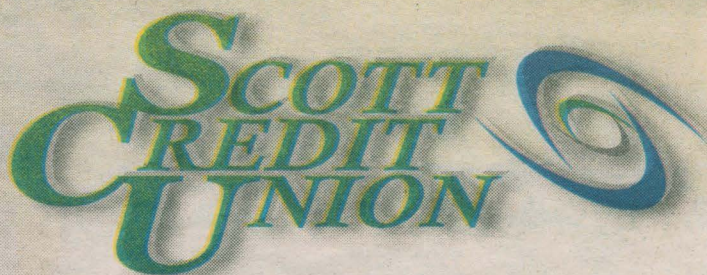
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HISTORIC ST. LOUIS LANDMARKS

| Photo by Rebehka Blake/Alestle

More places of interest

The Gateway Arch 100 Washington Ave.	Forest Park 5595 Grand Drive
The City Museum 701 North 15th St.	Busch Stadium 700 Clark Ave.
Saint Louis Zoo 1 Government Drive	Peabody Opera House 1400 Market St.
Saint Louis Science Center 5050 Oakland Ave.	Fox Theatre 527 North Grand Blvd.
Missouri Botanical Garden 4344 Shaw Blvd.	Anheuser-Busch Brewery 1200 Lynch St.

2 LAUMEIER SCULPTURE PARK

Laumeier Sculpture Park is a free indoor and outdoor museum that is home to several contemporary sculptures. Visitors can explore various works of art while enjoying the scenic environment.

Patrons can come see sculptures as well as attend various yearly events. Several events in September include "Discover Laumeier Festival," which will include music, story telling and food; "films4peace Live Screening," where visitors can enjoy live screenings of short films; and "Cocktails and Conversations: How'd They Do That," which will allow visitors to ask the Curator of Interpretation and Chief Preparator questions about various installations while refreshments are served.

More information about events, hours and directions can be found at laumeiersculpturepark.org. Located at 12580 Rott Road. (314) 615-5278

3 KOKEN ART FACTORY

The Koken Art Factory is a unique industrial style art studio located in south St. Louis. It is capable of hosting business events, privately-sponsored art shows and more.

Their upcoming event is "Oz - A Trip to the Emerald City and Beyond." Anyone can submit art until Aug. 25, and the event is set to take place Sept. 21.

The Koken holds popular annual art shows including the Halloween show and the famous "Naughti Gras" event. They are both 18 and up events.

"Naughti Gras" is an erotic-themed art show that takes place each year during Mardi Gras. Visitors will see pieces of art in all forms including: sculpture, painting, photography, burlesque shows, belly dancers, hula hoop dancers and several bands.

Located at 2500 Ohio Ave. (314) 776-7600.

4 KEMP AUTO MUSEUM

The Kemp Auto Museum in Chesterfield, Mo., is a place where people can view more than 40 historic European cars. The collection dates as far back as the late 1800s.

Museum hours are 10 a.m. to 5 p.m. Wednesday through Sunday. Different tour styles are available such as guided tours, audio tours, children's tours, group tours and focused tours. There are different cost ranges for each type of tour.

In October, the Kemp Auto Museum will be holding their "All Jaguar Auto Show," where more than 60 cars from the 1930s will be on display. This is a chance to see these famed restored vehicles up close. The event will take place from 10 a.m. to 3 p.m. on Oct. 8 in the museum's plaza.

More information about tours, events and membership can be visiting kempautomuseum.org.

Located at 16955 Chesterfield Airport Road, Chesterfield, Mo. (636) 537-1718

5 CATHEDRAL BASILICA

The Cathedral Basilica of St. Louis is both a place of worship and a place of history and art. Within the cathedral, there are dozens of collaborative crafted pieces and mosaics — some of which depict the history of King Louis IX of France, whom St. Louis is named after. A museum focusing on cathedral artifacts and mosaics can be found in the basement, as well as a gift shop that is located on the west side of the vestibule.

People may visit the cathedral for free, self-guided tours. It is encouraged that visitors call ahead of time to be certain the cathedral is open for tours. Guided tours are also available by appointment only.

The Cathedral's mass schedule and concert schedule is posted online. People can also visit the website for information on wedding planning, volunteer activities, funerals and more.

www.cathedralstl.org
Located at 4431 Lindell Blvd
(314) 373-8200

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Go ahead, get on Facebook

Group application helps you study

KAREN MARTIN
Alestle Copy Editor

Facebook has been one of many social media-based distractions keeping students idling with an outlet for procrastination. Yet, Facebook can be a highly effective study and organizational tool when its group application is used.

By forming a class-specific Facebook group, students can capitalize on several features once other classmates join the group. Pooled knowledge, organization and out-of-class response capabilities are the most beneficial features since peers can easily ask and answer questions about homework, upcoming tests, projects and more.

Facebook groups allow anyone to share relevant links, photos and files like notes, practice quizzes, photos and videos from recorded lectures.

If a student missed a class with an important problem that the professor worked on the board, another student can take a picture and post it to the group. Chances are, if one student missed it, others may have as well.

The group chat is another important tool. While this feature is sometimes available on BlackBoard, instructors

must activate it manually. With the Facebook group, access is self-governed and quickly available on either a smart phone or computer.

Whiteboard-chats also exist online to fulfill the need for a more interactive tool. While Facebook is not affiliated with whiteboard-chat platforms, it can be a stepping stone into organizing a whiteboard-chat meet up.

One of the best whiteboard-chat platforms is available at scriblink.com. After a student has a loaded whiteboard, he or she can share it with up to six members by clicking on "Get URL" on the right side of the whiteboard. The resulting URL will link other students to that whiteboard. All actions are in real time and all parties can interact, edit and use the chat column on the right side of the page to communicate.

Sometimes actually getting together in the same room is the most efficient way to study. And once again, class-specific Facebook groups are a great way to advertise a live study session.

In some cases, whiteboards or a large television screen capable of connecting to a laptop is useful. Study rooms are available in the basement of the Student Suc-

cess Center, but they are often occupied.

In order to work around this issue, the Kimmel Leadership Center allows students to rent out rooms at no cost. When it is time for a study session, the organizing students have the power to evict any students still in the room.

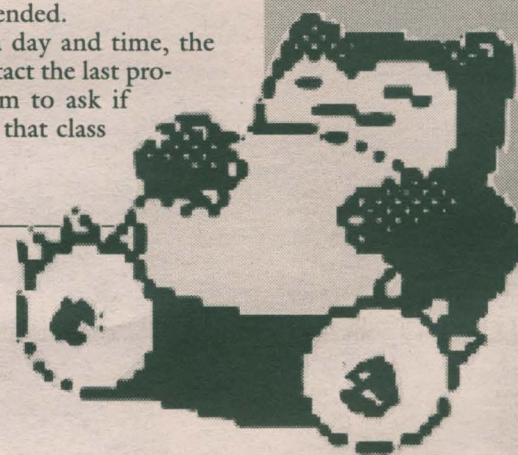
Organizers can even use the Facebook event application to invite students to the live study group.

If students are preparing for a group presentation, meeting in person will be necessary at some point. Classrooms may offer better amenities for these situations. A group organizer can find class times posted outside the door of each classroom and can plan with others in the Facebook group to meet after the last class for the day has ended.

After choosing a day and time, the organizer should contact the last professor using the room to ask if they may use it after that class lets out.

How to deal with slackers in the group

One way to guard against slackers is by agreeing on a costly food-based consequence. If a member is found slacking off, finding excuses or submitting late and subpar work, that person is responsible for supplying a voted-on meal for all group members at the next meeting.



Karen Martin can be reached at kmartin@alestlelive.com or 650-3527.



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ATTENTION STUDENTS:

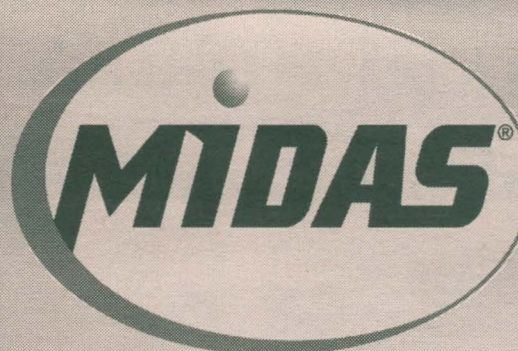
- Specific types of student Directory Information are made available to the general public. Under Public Law 93-380 as amended, the University may make accessible to any person external to the University "Directory Information" in conformity with the law.
- Notice is therefore given that the information listed below will be available to any person inquiring about such data for any student enrolled at SIUE unless the student files a written objection prohibiting release of this information.
- Students who wish to file a written objection should complete the Directory Information Release form on the Registrar's website: <http://www.siu.edu/registrar/forms/pdf/DirectoryInfoRelease.pdf>, and submit it to the Service Center, Rendleman Hall, Room 1309.
- In cases where students have filed timely written notice that they object to the release of directory information, that information will not be released to any person except those requiring access through the course of normal University business.
- SIUE publishes a web directory located at <http://www.siu.edu/search/index.shtml>. The information in the directory is refreshed once in fall and once in spring. Students who wish to be excluded from the online directory and who do not have a previous written objection on file must submit one no later than **Friday, August 23, 2013** for fall or **Friday, January 17, 2014** for spring.
- To review the University's statement on Right to Privacy and Nondisclosure, please visit: <http://www.siu.edu/registrar/privacy.shtml>.

Directory Information includes the following:

1. Student Name
2. Student address and telephone number (local and permanent)
3. Student e-mail address
4. Major field of study
5. Classification
6. Dates of attendance
7. Full or part-time status
8. Attempted hours
9. Degrees and awards earned
10. The most recent educational agency or institution attended prior to enrollment at SIUE
11. Participation in officially recognized activity or sport
12. Weight and height of members of athletic teams
13. Date of birth

Important Note:

The Office of the Registrar would like to remind all students to take a moment to review their addresses and emergency contact information on CougarNet at www.siu.edu/COUGARNET. We strongly encourage you to maintain accurate contact information in order for you to receive important University correspondence.



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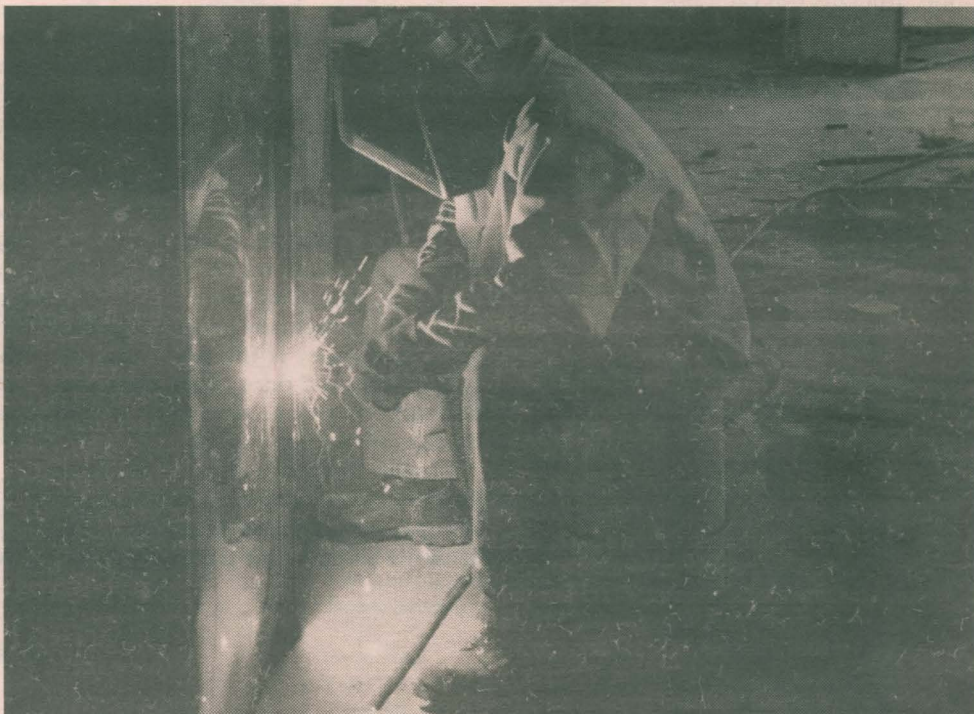
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midas@glencarbonmidas.com

**MON-FRI
8 a.m. - 6 p.m.**

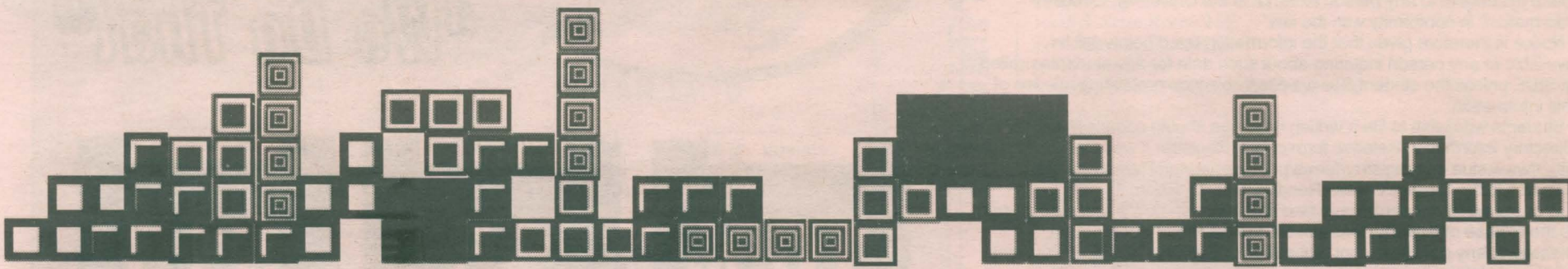
**SATURDAY
8 a.m. - 4 p.m.**



Science Building West has come a long way since 2012 when it was still under construction. Now it is open for classes with state-of-the-art offices, classrooms, teaching labs and research labs for science classes.

| Alestle File Photos

Construction projects reach new level \$52 million Science Building West complete



DAVID PRUITT
Alestle Reporter

During the past year, the appearance of bulldozers and dump trucks has been a common sight on the SIUE campuses. However, most of the major projects are in the final stages, and the dust and warning signs will soon be gone.

According to Rich Walker, assistant vice chancellor for Planning and Budgeting, this is what students can expect to find when they return for the fall semester:

New science building

The new 138,000-square-foot Science Lab Building West is complete and within the \$52 million budget. It will be open for classes in August 2013.

The building was designed to help address the growth of programs in the basic sciences and health sciences, and to bring the science facilities up to code. It will offer state-of-the-art offices, classrooms, teaching labs and research labs for biology, chemistry and environmental sci-

ences.

It was designed and constructed to the standards of the U.S. Green Building Council's LEED program, which recognizes innovation in energy efficiency and sustainability. The new four-floor building will help reduce the overcrowding of labs and classrooms.

Art and Design renovation

The \$15.9 million renovation to the Art and Design Building is being completed in phases and will be completed by the fall semester. The renovation will correct existing studio deficiencies and safety concerns in the ceramics, sculpture and glass programs.

The project includes new kiln equipment as well as new teaching and computer equipment for the classroom studios.

The final phase of the renovation includes studio classroom space, faculty offices and graduate student studios for each discipline.

Engineering expansion

The expansion of the Engineering

Building will create more offices, classrooms and teaching and research space to accommodate the enrollment growth.

The expansion includes approximately 32,000 square feet and connects to the existing building with an enclosed bridge. The move is expected to take place in November. The building will be ready for students to use in the spring semester.

Lukas Addition build out

The final phase of the \$2 million build out of the new Charles and Mary Lukas Athletic Annex involves finishing the top and bottom floors.

The bottom floor will accommodate a weight and fitness training area for Intercollegiate Athletics and the top floor will accommodate offices for kinesiology as well as a Special Events Center for Intercollegiate Athletics.

The build is expected to be completed in November.

School of Dental Medicine Multi-Discipline Lab

The Multi-Discipline Laboratory on

the Alton campus will replace the current facility.

The new \$9.5 million building will include a 19,940 square foot state-of-the-art lab along College Avenue in Alton.

The lab will include a simulation lab, wet lab for allowing the use of liquids and facilities for developing x-ray and casting skills.

The project should be finished during the fall semester and ready for students to use in the spring.

Other projects

The administration recently broke ground on a new golf training facility that will be located near the Simmons Athletic Complex on New Poag Road.

A bike and walking path is being constructed near North University Drive that will lead to the Enclave West apartments on New Poag Road. The paths are expected to open around the start of the fall semester.

News can be reached at
news@alestlelive.com or 650-3527.

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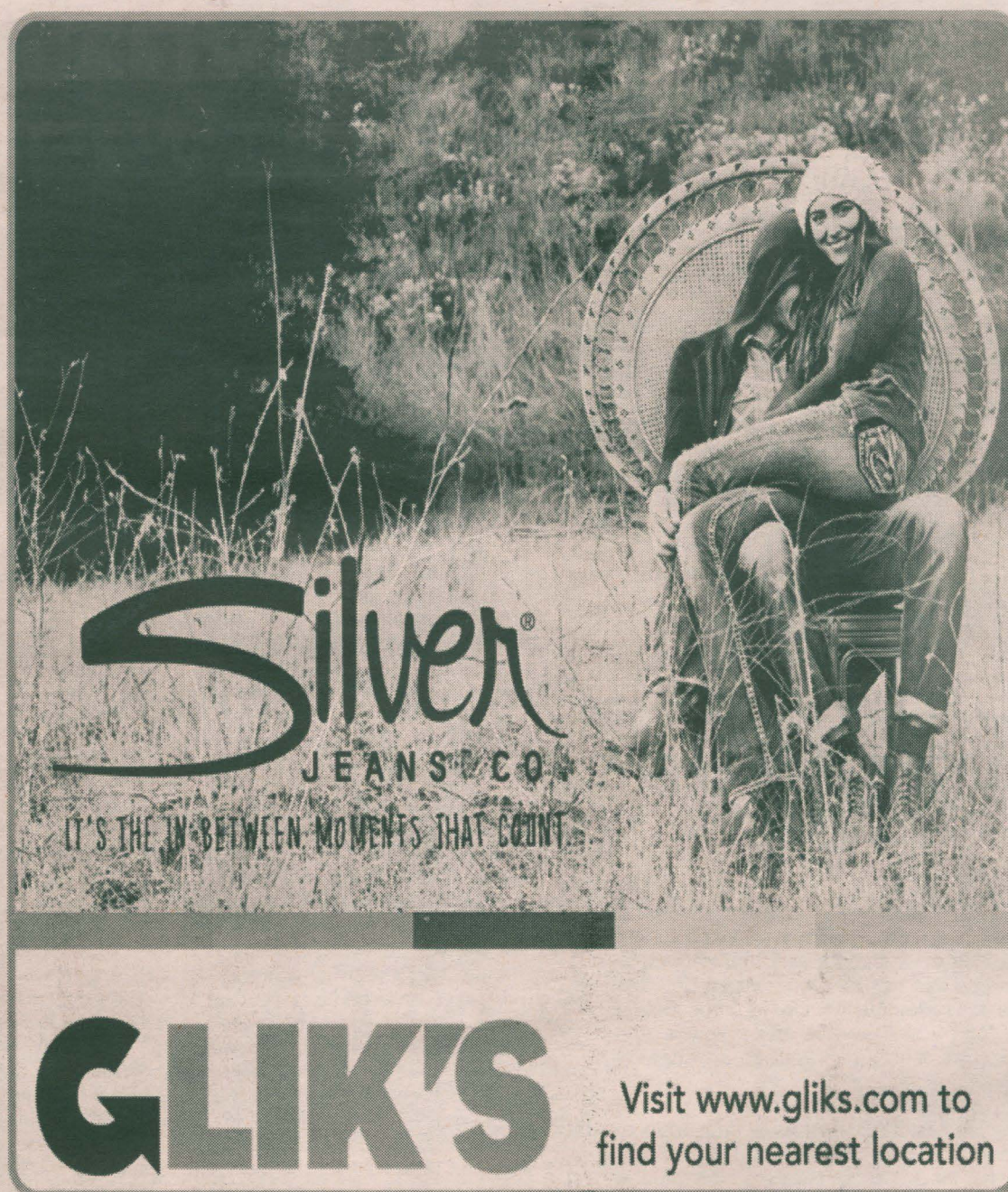
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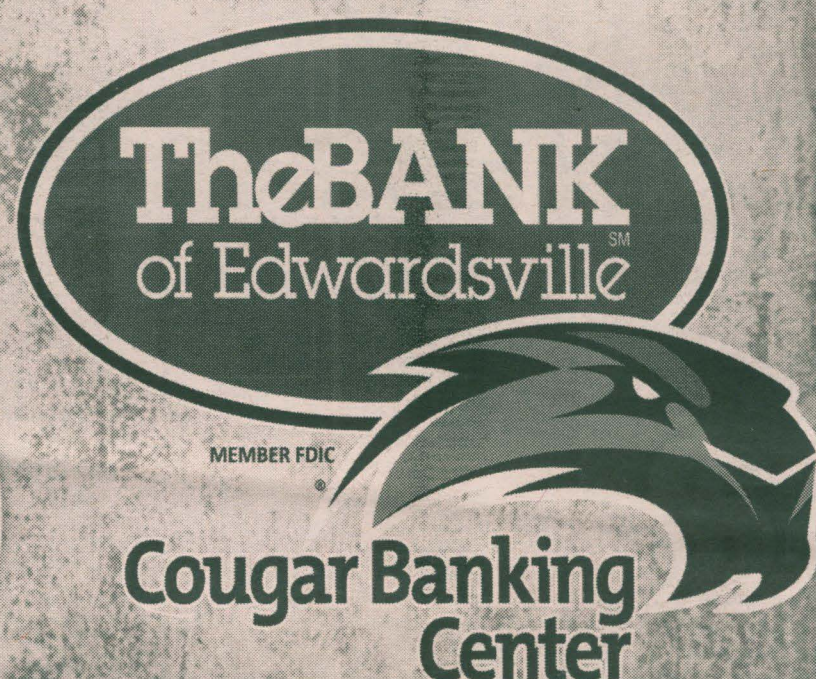
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| Alestle file photo

Student Government uses teamwork It's super effective!

BEN OSTERMEIER
Alestle Copy Editor

The Student Government of SIUE, tasked with representing the student body and relaying student concerns to the administration as well as promoting student life, has awarded \$26,830.05 out of its programming budget, \$2,820 out of travel requests and \$300 out of organization allocations this fiscal year.

SG's three budgets are funded through student fees. The largest is the programming budget, which is \$89,059 for this fiscal year, to use for events like parties on the Stratton Quadrangle or visiting speakers.

SG also has a travel request budget, totaling \$18,000 this year, to give at the most

\$600 to an organization that requests funding for travelling to an event.

Their final budget, organization allocations of \$10,000, awards \$300 to requesting student organizations to spend on maintenance for the year, such as office supplies, postage and costs for copying and printing. SG also has a personal budget to put on its own events.

Composed of two branches, the executive and legislative, SG also passes resolutions and bills, as well as referendums decided by student vote.

The executive board consists of the student body president, the vice president, student trustee, financial officer, internal affairs officer, marketing and communications officer, external affairs officer and organization relations officer.

The executive board's primary function is to set the agenda at each Senate meeting. The president appoints officers, who head their own committees, except for the internal affairs and marketing and communications officers.

The president, vice president and student trustee are elected by the student body each spring semester, which are electronic and open to any student enrolled in classes at that time.

Executive board members cannot vote on Senate legislation, though the president can veto. However, a veto can be overridden by the Senate with a two-thirds majority vote.

Also elected by students, 12 students make up the legislative branch, the Student Senate. Senators can propose and vote on legislation and funding given to organizations, which can be passed in a simple majority. The Senate also votes on all appointments made by

the student body president, those appointments requiring a two-thirds majority.

Anyone can address the Senate and Executive Board with their concerns in an open forum at each Senate meeting, held at 2 p.m. Friday every other week at in the Goshen lounge or International Room in the Morris University Center. Also at each meeting, student organizations can request funds of the Senate for their annual allocation or for organization programs.

The first Senate meeting will be 2 p.m. Friday, August 23 in the Goshen Lounge. For more details on SG, visit siue.edu/kimmel/sg/index.shtml.

Ben Ostermeier can be reached at bostermeier@alestlelive.com or 650-3527.

Meet your Student Government officials



Alexa Hillery

Senior speech communications major from Godfrey

Position:

Student Body President

Responsibilities:

As president, I'm supposed to represent Student Government and the student body. I have meetings with the Chancellor, Vice Chancellor of Student Affairs and the director of the Kimmel, as well as stay in contact with the presidents of Staff Senate and Faculty Senate. I supervise the Executive Board of Student Government, and we have meetings every other week. I am responsible for anything that requires Senate approval, which could include budgets, bills and resolutions.

Goals for SG:

There is so much that I would like to do! We will be setting our goals as a Senate in the near future, but a lot of people seem very passionate about getting some sort of Safe Ride program on campus. Even just this summer, I have had multiple students approach me about a program like this, so it definitely seems like an important issue.



Nasir Almasri

Junior political science and history major from Chicago

Position:

Vice President

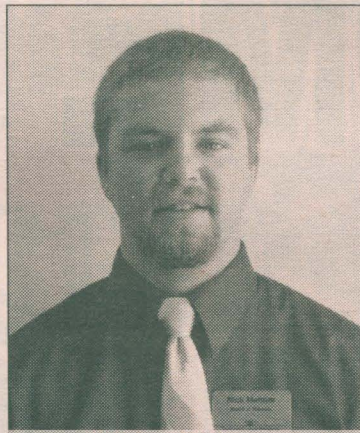
Responsibilities:

My primary roles as the VP include facilitating Senate meetings and organizing the roles of Student Senators for the year.

Goals for SG:

I hope to create subcommittees within the Senate to address specific issues that were outlined in our campaign:

1. Lessening confusion about parking rules and advocating for new policies.
2. Reviewing current food options and times in the MUC.
3. Reviewing library hours, specifically during midterms and finals.



Nick Mehner

Senior economics and finance major from Waterloo

Position:

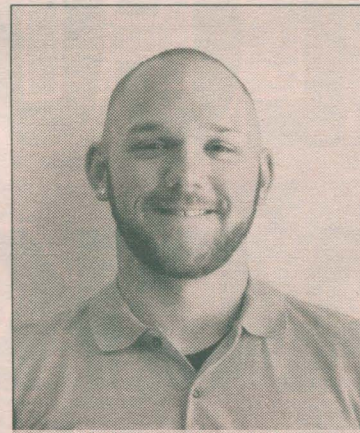
Student Trustee

Responsibilities:

Act as a liaison between the board of trustees and the student body while representing both the interests of students and the university.

Goals for SG:

It is my goal to serve the best interests of the student body and the university at the board of trustee level in an effort to extend the success that SIUE and SIUC have experienced.



Ryan Rosiak

Senior accounting and finance major from Chicago

Position:

Financial Officer

Responsibilities:

Oversee a student fee account available to student organizations and lead a 12-member board with bi-weekly meetings

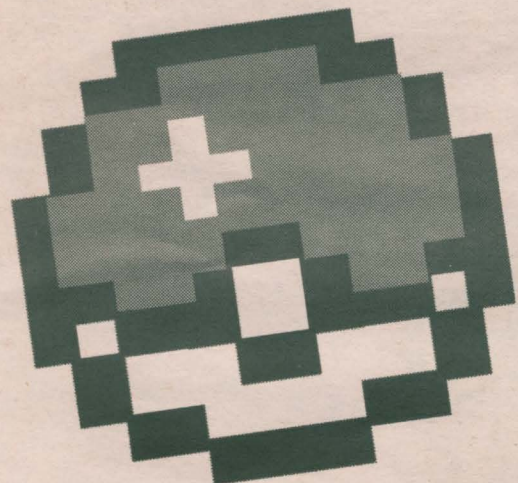
Goals for SG:

I would like to see Student Government keep the campus life alive so that students want to stay at SIUE.

SG's responsibilities

1. Promote campus life.
2. Further the interests of the student body.
3. Make recommendations on the allocation and use of student fees to SIUE student groups and organizations in the best interest of the student body.
4. Encourage students to develop leadership qualities.
5. Encourage students to exemplify qualities of responsible citizenship.
6. Function cooperatively with other constituent bodies to achieve the mission and purpose of the University.
7. Make recommendations on issues regarding the University.

Go Student Government senators!



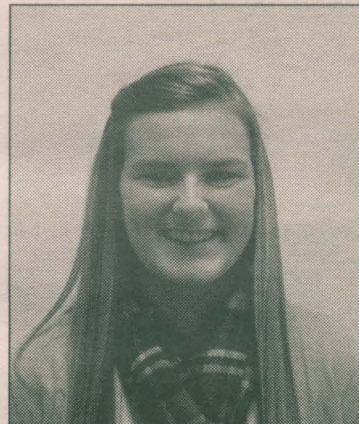
Senators address goals in their own words



Quinn Vaughn

Sophomore business entrepreneurship major from Germantown Hills

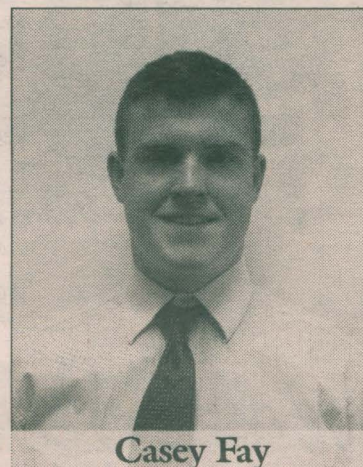
Goals for SG:
Some of my big platforms are reforming how parking services operates, Greek housing and getting a business district.



Madeline McCune

Sophomore business major from Bethalto

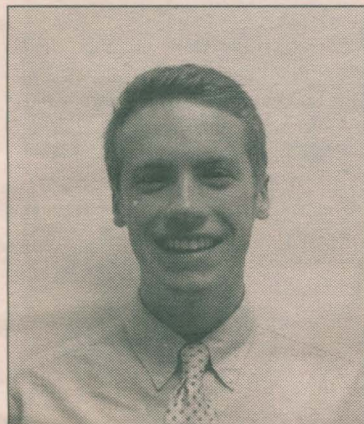
Goals for SG:
I really hope to improve campus life and make SIUE an overall better place!



Casey Fay

Senior psychology and military science major from Edwardsville

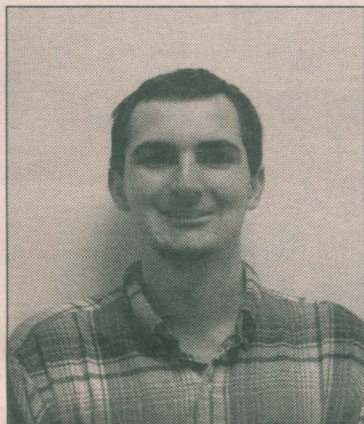
Goals for SG:
I hope to help out the clubs and organizations on our campus ... that need Student Government's help with achieving certain goals, such as ROTC. They don't work very well with Student Government and that side of the school, and I kind of want to get them more involved. Also, I'd like to maybe do more military appreciation on campus, [since] I am in the military so I'd like to see that done. Also, better student involvement with athletics and everything like that, because I feel like at our school we, the students, don't get very involved with the fan side of athletics, so hopefully Student Government can help that out in some way.



Sean Maher

Junior history major from Springfield

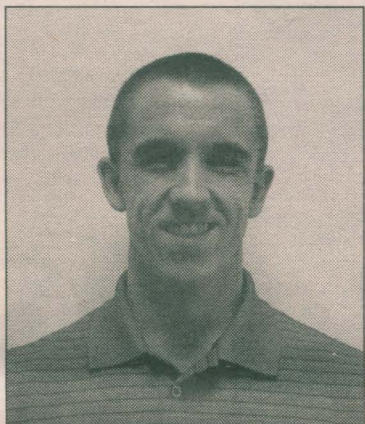
Goals for SG:
We hope to get lengthier library hours, kind of fix up Parking Services and how they handle the parking lot hours and how you can appeal your ticket process. Also, dining options.



Brendan Boyer

Sophomore economics and finance major from Troy

Goals for SG:
I would like to further the success and safety of our campus as a whole.



Matt Horton

Sophomore industrial engineering major from Prairietown

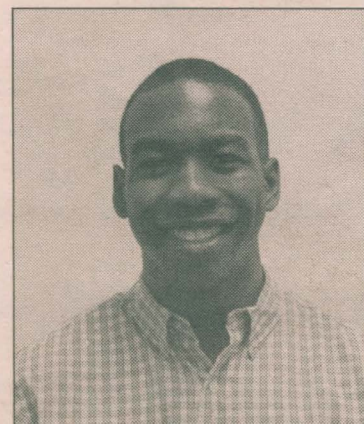
Goals for SG:
My goal is to give SIUE the premiere Division I atmosphere that it deserves. I hope to turn SIUE into a place that is a top choice for students, rather than just an affordable education. I plan to promote student involvement and make SIUE a place everyone is proud to attend.



Samantha Gilmore

Junior pre-law student from Waterloo

Goals for SG:
I would like to help bring safe ride to SIUE, improve sustainability on campus and ensure that student fees are being spent towards beneficial activities and programs for the students.



Jamal Sims

Sophomore pharmacy major from Chicago

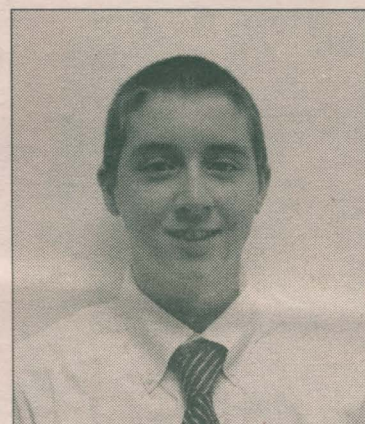
Goals for SG:
My goal as a Student Senator consists of primarily taking part in upholding campus life and further improving it. I believe a successful school derives from successful students. Therefore, while in office, I also have the goal of enhancing the interest of the student body when it comes to what is occurring at our university.



Abbey Buxton

Junior business administration major from Sullivan

Goals for SG:
There's a lot of things on campus that we're working towards changing, like better dining facility options, later hours with the dining facilities, later hours at the library, and we're working more toward getting the Safe Ride program figured out.



Ryan Murray

Junior business management major from Columbia

Goals for SG:
I hope this year's senate can improve the school's atmosphere. By that I mean, SIUE has been predominately a commuter campus for decades and recently made a change to Division I status. The school lacks pride and spirit of your average state college or university. I would like to see all of us this year get more people involved and excited about going to SIUE.



Tyler Shearrow

Junior exercise science major from Loves Park

Goals for SG:
As a member of the Student Senate, I will heighten my fellow classmate's awareness of the issues and decisions dealt with by the Senate that affects their college experience socially, academically and financially. I will make these decisions with the student body's best interest in mind.



Kacey Hamilton

Senior biomedical science major from Paris, Ill.

Goals for SG:
I hope to start helping change policies and procedures and different aspects of the university such as parking services, library hours, dining services to create more options and have a more resident-friendly campus as compared to a commuter campus.

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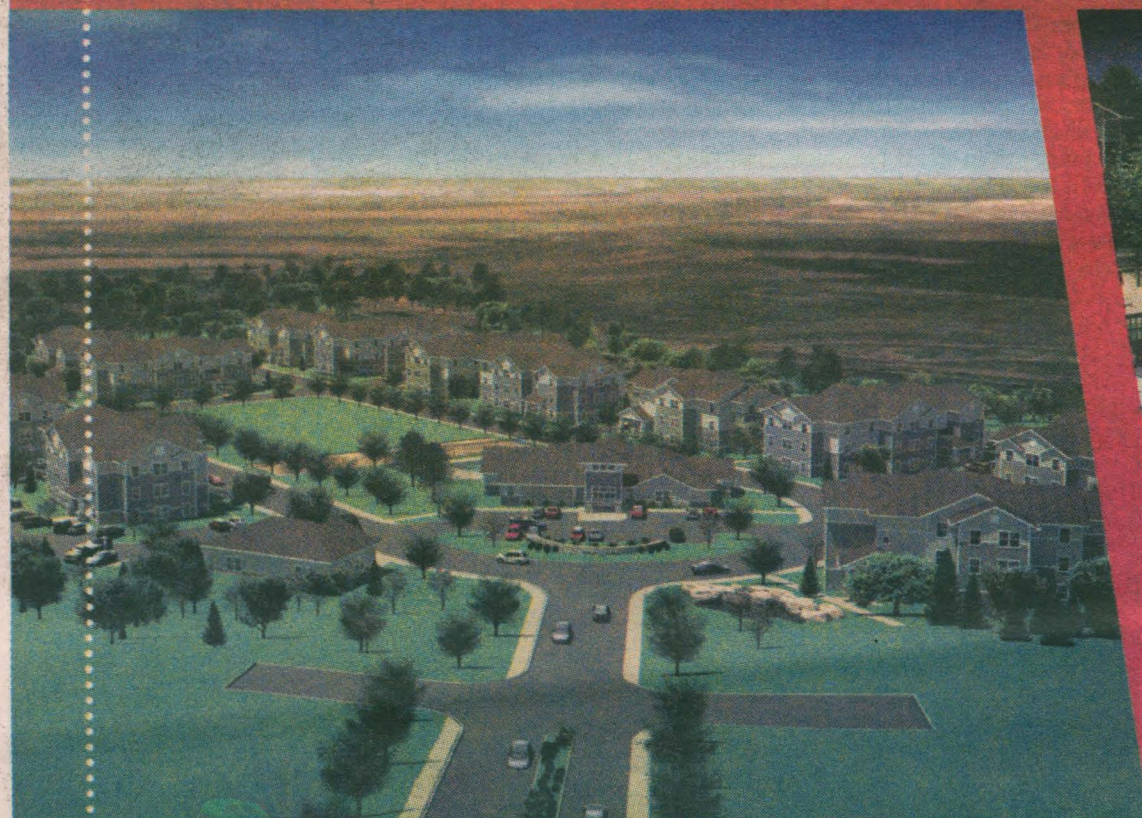
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SIUE COUGARS Quick-start guide

1

Men's soccer was **one** win away from being Missouri Valley Conference champions. The Cougars lost 2-1 to Creighton in the championship match.

2

Track and field sent **two** Cougars to the USA Junior National Championships: freshman Jessica Oranika and sophomore La'Derrick Ward.

3

Former men's basketball forward Mark Yelovich ended his playing career as the **third** all-time scorer with 1,467 points.

4

Ten SIUE student-athletes achieved a **4.00** GPA and were awarded the Medal of Honor by the Ohio Valley Conference.

5

There will be new coaches in the locker rooms of **five** teams this year, including new wrestling Head Coach Jeremy Spates.

6

Men's basketball reached a wider audience in the 2012-13 season as FOX Sports Midwest aired six Cougars games.

6,919

Men's soccer saw plenty of support at Ralph Korte Stadium in 2013-13, when **6,919** fans attended home games.

.729

Softball finished the 2013-13 season 35-13 overall, a winning percentage of **.729**, the best overall winning percentage in the Ohio Valley Conference.

80

Continuing a 14-semester long streak of a cumulative 3.00 GPA for SIUE student-athletes, **80** Cougars made the Dean's List in Spring 2013.



Senior defender Benny Jeffery throws the ball in during a match against the University of Illinois at Chicago on Sept. 26, 2012. While the 2012-13 season came to stunning end when the Cougars were not selected for the NCAA Tournament, SIUE finished the regular season 13-7 overall and 4-2 in the Missouri Valley Conference. The Cougars last game of the season was a 2-1 loss to Creighton in the MVC Championship match. | Alestle file photo

Men's soccer looks past last year's bitter end

DAVID PRUITT
Alestle Reporter

After finishing the 2012 season with a 2-1 loss to Creighton in the Missouri Valley Conference Championship and getting snubbed for an at-large bid to the NCAA tournament, the Cougars will look for redemption in 2013.

Men's soccer

The team closed out the 2012 season 13-7 overall, with a 7-1 home record. At one point in the season, they were ranked No. 22 in the nation; however, they finished with a rank of No. 37 in the NCAA Ratings Percentage Index.

Junior forward Christian Volesky said the disappointing end to the 2012 season provides motivation for the next season.

"It was real frustrating when I saw the look on the seniors' faces when we didn't get the tournament selection and the season ended so abruptly," Volesky said. "We are definitely using that for momentum going into this next season."

The 2012 team included four first team All-MVC selections, five second team All-MVC selections and MVC Goalkeeper of the Year. In addition, four players were selected to the National Soccer Coaches Association of America's All-Midwest Region Team. But the Cougars lost nine seniors.

Academically, the Cougars

had four players receive the league's Commissioner's Academic Excellence Award and 12 players achieved MVC Honor Roll status.

The coaching staff was named the MVC Coaching Staff of the Year, and Head Coach Kevin Kalish was named NSCAA's Midwest Region Coach of the Year.

For the 2013 campaign, Kalish is looking to build on the program's success and ensure SIUE is included in conversations regarding elite soccer team programs.

"My vision is to build a national power that can go toe-to-toe with anyone in the country," Kalish said. "We want to move from knowing we can win to expecting to win."

Despite the addition of nine freshmen to the 2013 roster, the Cougars will continue to utilize their high-press style of play.

"Our style doesn't change. Each year and week, we may potentially tweak our system, but our style of play and the way we go about doing things won't change," Kalish said. "We've recruited players to come in to fit our system and style of play. I think you'll continue to see the same product."

One area the Cougars retained experienced leadership was in the goalie position. According to Kalish, the position will be a major strength for the team.

"The goal keeper position

is very deep. It's a very strong position for us," Kalish said. "[Senior goalie John Berner] and [sophomore goalie Kent Kobernus] have proven they can lead a team at this level."

Although side-lined by hand surgery this past summer, Berner said he will be ready for the start of the season and is confident the Cougars will meet expectations.

"We have set such a high standard for ourselves that we are going into this season expecting to win the MVC and get into the NCAA Tournament," Berner said. "We will settle for nothing less."

An area the Cougars will need to work on is in the backfield, Kalish said.

"Our back four will be relatively inexperienced due to the amount of guys we lost," Kalish said. "However, we have a number of guys that have been in the program for at least a year who have played limited minutes and have trained with us for a full season."

During the past year, the Cougars have seen a lot of new additions to the roster, but Kalish expects the team will achieve cohesiveness.

"We have around 13 or 14 new players that have come into the program over the last 12 months and it will take some time to ingrain our style of play," Kalish said. "But I think the talent level will certainly be there."

The Cougars will open the

season on Aug. 30 against Santa Clara in California. Conference play will begin on Oct. 5 against Central Arkansas, and the MVC Tournament starts Nov. 13 in Peoria.

Volesky said the tough schedule, which includes five ranked teams, will prepare them for the MVC Tournament.

"This is a really good schedule Coach has put together for us," Volesky said. "The quality of the teams should help our ranking and get us ready for the tournaments."

Kalish expects the young team to see steady improvement and be ready for the MVC.

"The conference is challenging, as is any other conference in the country. Each conference game is extremely difficult," Kalish said. "But I envision our team, at that stage in the season, to be ready for that challenge."

Berner said he and the rest of the team would love to raise the MVC title and make the NCAA Tournament.

"I still have nightmares about how close we were in 2010 and 2012," Berner said.

The Cougars' fans also made the record books last year. According to the NCAA, SIUE ranked 25th in the nation for home game attendance with an average of 1,003 attendees.

David Pruitt can be reached at sports@alestlelive.com or 650-3524. Follow David @DavidPruitt4.



SIUE Athletics

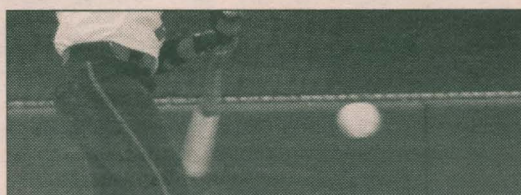
Fall sports schedule

MEN'S GOLF



Sept. 9	Derek Dolenc Invitational	All day
Sept. 10	Derek Dolenc Invitational	All day
Sept. 15	at Ill. St. D.A. Weibring Intercollegiate	All day
Sept. 16	at Ill. St. D.A. Weibring Intercollegiate	All day
Sept. 28	at DePaul John Dallio Memorial	All day
Sept. 29	at DePaul John Dallio Memorial	All day
Oct. 7	at Cincinnati Bearcat Invitational	All day
Oct. 8	at Cincinnati Bearcat Invitational	All day
Oct. 14	at Kansas City Bill Ross Intercollegiate	All day
Oct. 15	at Kansas City Bill Ross Intercollegiate	All day

SOFTBALL



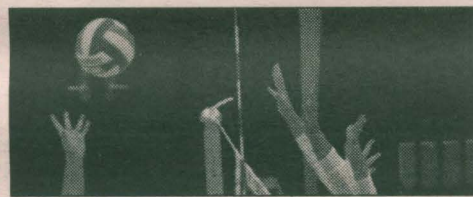
Sept. 21	Danville Area CC	2 p.m.
Sept. 21	Parkland College	4 p.m.
Sept. 28	Columbia College	2 p.m.
Sept. 28	Jefferson College	4 p.m.
Sept. 29	at Williams Woods College	11 a.m.
Sept. 29	at Saint Louis	3 p.m.
Oct. 5	at SIUC	2 p.m.
Oct. 5	at Lake Land College	4 p.m.

CROSS-COUNTRY



Sept. 6	at EIU Walt Crawford Open	4:45 p.m., 5:30 p.m.
Sept. 13	SIUE CC Challenge	5:30 p.m., 6:15 p.m.
Oct. 5	SIUE John Flamer Invite	10 a.m., 10:45 a.m.
Oct. 18	at Bradley "Pink" Classic	4:25 p.m., 5:05 p.m.
Nov. 2	at OVC Championship	TBA
Nov. 15	at NCAA Midwest Regional	TBA
Nov. 23	at NCAA National Championship	TBA

VOLLEYBALL



Aug. 25	Red and White scrimmage	2 p.m.
Aug. 30	Cougar Classic, Vadalabene Center vs. Indiana State	6:30 p.m.
Aug. 31	Cougar Classic, Vadalabene Center vs. Akron	6:30 p.m.
Sept. 1	Auburn	12:30 p.m.
Sept. 6	Omaha Classic vs. Southern Utah	12 p.m.
	vs. Omaha	6 p.m.
Sept. 7	Omaha Classic vs. Bradley	1 p.m.
Sept. 13	UE Tournament vs. Evansville	7:30 p.m.
Sept. 14	UE Tournament vs. Valparaiso	10 a.m.
	vs. Memphis	3:30 p.m.
Sept. 17	Kansas City	6 p.m.
Sept. 20	Cougar Invitational vs. DePaul	7 p.m.
Sept. 21	Cougar Invitational vs. Arkansas-Pine Bluff	1 p.m.
	vs. Georgia State	7 p.m.
Sept. 27	at UT Martin*	7 p.m.
Sept. 28	at Southeast Missouri	1:30 p.m.
Oct. 1	at Eastern Illinois*	6 p.m.
Oct. 5	Belmont*	2 p.m.
Oct. 11	at Eastern Kentucky*	6 p.m.
Oct. 12	at Morehead State*	1 p.m.
Oct. 18	Murray State*	7 p.m.
Oct. 19	Austin Peay*	2 p.m.
Oct. 25	at Austin Peay*	7 p.m.
Oct. 26	at Murray State*	2 p.m.
Nov. 1	Southeast Missouri*	7 p.m.
Nov. 2	UT Martin*	2 p.m.
Nov. 8	Tennessee Tech*	7 p.m.
Nov. 9	Jacksonville State*	2 p.m.
Nov. 12	Eastern Illinois*	6 p.m.
Nov. 16	at Tennessee State*	12 p.m.
Nov. 21	at OVC Tournament	TBA
Nov. 22	at OVC Tournament	TBA
Nov. 23	at OVC Tournament	TBA

MEN'S SOCCER



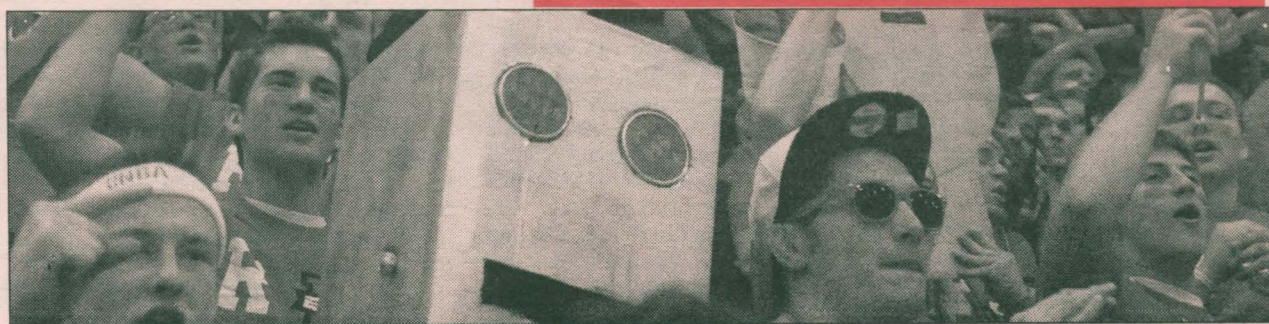
Aug. 16	Milwaukee (exhibition)	7:30 p.m.
Aug. 23	IUPUI (exhibition)	7 p.m.
Aug. 30	at Santa Clara	7 p.m.
Sept. 1	at San Jose State	1:30 p.m.
Sept. 6	at SMU	5 p.m.
Sept. 8	at Tulsa	2:30 p.m.
Sept. 13	Cincinnati	8 p.m.
Sept. 17	at Omaha	7 p.m.
Sept. 21	at DePaul	1 p.m.
Sept. 24	at Louisville	6 p.m.
Sept. 28	UIC	7 p.m.
Oct. 5	Central Arkansas*	7 p.m.
Oct. 12	at Northwestern	7:30 p.m.
Oct. 15	at South Florida	6:30 p.m.
Oct. 19	at Drake*	7 p.m.
Oct. 23	at Bradley*	7 p.m.
Oct. 26	Loyola*	7 p.m.
Nov. 2	Evansville*	7 p.m.
Nov. 9	at Missouri State*	6 p.m.
Nov. 13	at MVC Tournament	TBA
Nov. 15	at MVC Tournament	TBA
Nov. 17	at MVC Tournament	TBA
Nov. 21	at NCAA Tournament	TBA
Nov. 24	at NCAA Tournament	TBA
Dec. 1	at NCAA Tournament	TBA
Dec. 6	at NCAA Tournament	TBA
Dec. 13	at NCAA College Cup	TBA
Dec. 15	at NCAA College Cup	TBA

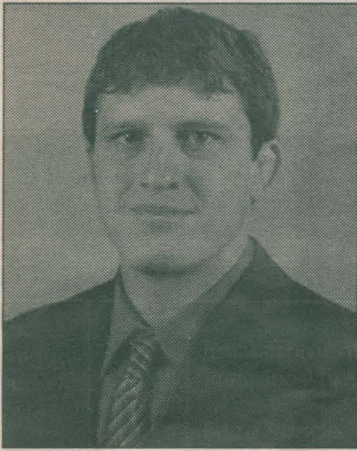
WOMEN'S SOCCER



Aug. 16	Western Illinois (exhibition)	5 p.m.
Aug. 23	at Kansas City	7 p.m.
Aug. 25	at Drake	1 p.m.
Aug. 30	IUPUI	7 p.m.
Sept. 6	at Saint Louis	7 p.m.
Sept. 8	Indiana State	1 p.m.
Sept. 13	Loyola	5:30 p.m.
Sept. 15	Missouri State	1 p.m.
Sept. 20	Doublewood Inn Classic vs. Eastern Washington	4 p.m.
Sept. 22	Doublewood Inn Classic vs. Colorado State	11 a.m.
Sept. 27	Tennessee Tech*	7 p.m.
Sept. 29	Belmont*	1 p.m.
Oct. 4	Eastern Kentucky*	7 p.m.
Oct. 6	Morehead State*	1 p.m.
Oct. 11	at Murray State*	3 p.m.
Oct. 13	at Austin Peay*	2 p.m.
Oct. 20	Jacksonville State*	1 p.m.
Oct. 25	at Southeast Missouri*	6:30 p.m.
Oct. 27	at UT Martin*	2 p.m.
Nov. 3	at Eastern Illinois*	2 p.m.
Nov. 7	at OVC Tournament	TBA
Nov. 8	at OVC Tournament	TBA
Nov. 10	at OVC Tournament	TBA

Free admission for students to all home games
*Conference game Home games in bold





Jeremy Spates



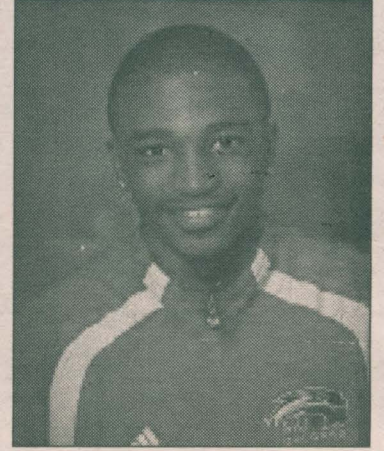
Derrick Brown



Raven Berry



Jessica Oranika



La'Derrick Ward

| Photos via siuecougars.com

Overtime: What happened this summer

New wrestling coach

Jeremy Spates, former assistant coach at Cornell University, was hired as wrestling head coach in late July.

He will be taking over the job that was held by David Ray for five seasons.

Coming to SIUE as an assistant from Cornell, Spates was widely regarded as one of the premier assistant coaches in the nation.

He was able to oversee seven individual NCAA champions as well as 28 All-Americans, including Kyle Duke, who was named Sports Illustrated's 2013 Male College Athlete of the Year.

Brown named director of golf

Derrick Brown, already the men's golf head coach, has been named director of golf. Brown will now oversee the women's team as well.

This comes after the departure of former women's head coach Jennifer Jakel.

Brown has been men's head coach since the 2009-10 season.

Under Brown, the men's team made its first-ever Ohio Valley Conference tournament appearance.

This past season, the men's team posted its lowest score ever through 54 holes, 853, at the Tennessee Big Blue Intercollegiate.

Berry to play in Denmark

Raven Berry, the women's basketball all-time leading rebounder, will join Lemvig Basketball Club in Denmark this August.

Berry left the women's team with the most games played all-time with 118.

Berry left SIUE with 1,040 rebounds and is also the all-time leader in rebound average (8.8), offensive rebounds (480) and offensive rebound average (4.1).

Berry is second all-time in free throws made (412).

Lemvig's season starts in late September. The team competes in the Dameligaen, the top women's league in Denmark.

SIUE represented at nationals

Freshman Jessica Oranika and sophomore La'Derrick Ward represented the SIUE track and field team in the USA National Championships in June.

The event, held at Drake University, was split into junior-level and senior-level competitions. Oranika ran in the junior-level women's 400-meter, while Ward participated in the senior-level men's long jump.

Oranika ended up with the 12th best time, 55.61 seconds, of the 16 runners in her field and did not qualify for the finals of the race.

The time was .37 seconds slower than the time she qualified

with and also fell short of her personal best of 54.68.

This was her first official race since being named Ohio Valley Conference Freshman of the Year following the outdoor season.

Ward was able to jump 24-7 1/4, putting him in the 11th spot at the time of his jump, but he eventually fell to 15th by the time competition ended.

Ward was able to become the first SIUE track and field athlete to compete in the NCAA Division I National Finals after qualifying in the Texas preliminary.

However, Ward's jump was more than a foot shorter than the one that qualified him for the finals.

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Women's soccer's 2012-13 season ended in the second round of the Ohio Valley Conference Tournament with a loss to Austin Peay. The Cougars were 7-8-4 overall last season, but they were winless on the road. Head Coach Derek Burton said he is looking forward to challenges such as starting the season on the road at Kansas City and Drake. | Alestle file photo

Women's soccer hopes to build on success



Women's soccer played well enough in the Ohio Valley Conference in 2012-13 to make the conference tournament. | Alestle file photo

EVAN MEYERS
Alestle Sports Editor

The 2013 women's soccer team will be looking to continue last year's success by making the Ohio Valley Conference for the second year in a row this season.

Women's soccer

Last year, the team was able to defeat Eastern Kentucky in the first round of the OVC but fell to Austin Peay in the second round.

Despite the loss, senior defender Mary Kate Reed said the experience will help them in moving forward this season.

"Now we know a little bit more about what it is like to be there, and we are ready to be back," Reed said. "It is definitely a confidence boost for the players who were there for it."

Making the conference tournament again will be just one of the challenges the team will face

this season. The Cougars have a tough schedule both in and out of conference and the team will have to play well if it wants to improve on its 7-8-4 record from a year ago.

Head Coach Derek Burton said he likes the challenges presented by the schedule and is excited to see how his team performs.

"We get to start on the road against two strong teams with Kansas City and Drake," Burton said. "We have actually beaten

last season, losing five times and drawing twice.

The Cougars were able to make up for the losses away by playing well at home, where their record was 7-2-1. This year, the team will open its conference schedule with four straight home games against Tennessee Tech, Belmont, Eastern Kentucky and Morehead State.

"It will be a big advantage for us to get to start out at home. We are more comfortable, and I think it will benefit the incoming

players a lot," Reed said.

To get ready for the season, members of the team held player-led workouts during the summer.

Incoming freshman forward Kayla Delgado said the summer workouts helped the incoming players get to know what it will be like to play at the Division I level.

"We get to start all over

We all want to play well enough to have a chance at conference.

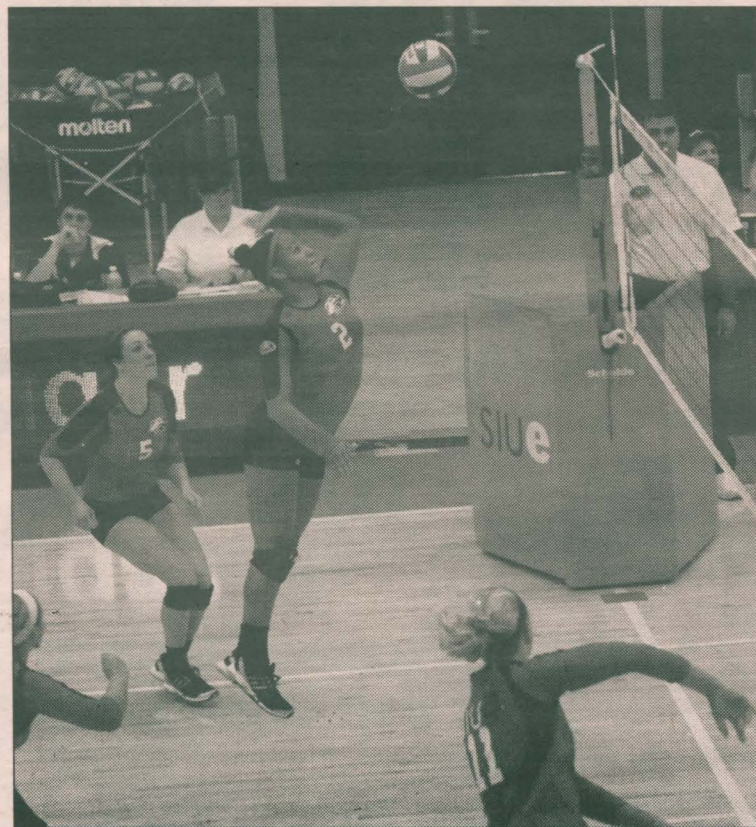
Mary Kate Reed
Senior defender

both teams before, but never on the road, so it will be two tough tests to start the season."

Playing well on the road will be important to Burton and his players, as the Cougars went without a win in seven games played away from Korte Stadium

WSOC | pg. 34

Volleyball opens, closes '13 season at SIUE



Volleyball ended the 2012-13 season 9-18 overall and 5-11 in the Ohio Valley Conference. | Alestle file photo

EVAN MEYERS
Alestle Sports Editor

The 2013 SIUE volleyball team will see some tough competition this season, as well-known programs such as Auburn and DePaul both go head-to-head with the Cougars, but the Cougars will have the chance to show they have made strides since last season.

Volleyball

Last year, the team ended the season with a 9-18 overall record and a 5-11 record in the Ohio Valley Conference. This year, the team will look to improve on that record from the start as it opens its season with the SIUE Cougar Classic, when the Cougars take on Indiana State and Akron on Aug. 30 and 31.

Head Coach Leah Johnson said the opportunity to open at home is a great advantage and allows the players to get more comfortable with their classes.

"Opening up at home gives the team a chance to really get in

a rhythm academically because they get the chance to be in classes for the first two weeks," Johnson said. "I think it is a wonderful advantage to have some experience at home early in the season."

Junior defensive specialist Haley Norris said the early home appearances will provide the members of the team with the opportunity to see how summer workouts have helped.

"We have worked on building our team chemistry over the summer and it will be nice to see how we look and how we have gotten used to each other," Norris said.

The team will also have the opportunity to finish the season at home, playing five of their last six conference games in the Vadalabene Center. Senior middle blocker Kelsey Augustine said it is important for the team to protect its home court.

"We want teams to be afraid to come to our gym," Augustine said. "As the season goes on, every team is going to get better. It will be a big factor having them come here instead of us

having to travel."

Augustine will be one of only three seniors, joined by outside hitters Cori Harris and Hilary Trevino. Johnson also said she thought her seniors had done a great job of building excitement and getting the incoming freshman ready for the season.

"Even though over half the team will be underclassmen, I do think they have already proven their investment over the summer and that will result in a great season as far as team chemistry and their success goes," Johnson said.

Eight of the players on the team this year will be in either their first or second season.

Incoming freshman defensive specialist Kasey Schumacher said the upperclassmen established the work ethic needed to be successful.

"The pace of the game is going to change a lot from high school to Division I, but the team has been very helpful in getting us ready for the season,"

VBALL | pg. 34



The men's cross-country team finished sixth in the Ohio Valley Conference last season and the women finished ninth. While the women return all but one runner from last season, the men will hope to carry over the experience of running in the OVC Tournament as there are no seniors to guide the younger runners this coming season. | Alestle file photo

Cross-country ready to start 2013 season

EVAN MEYERS
Alestle Sports Editor

After the kickoff to the men's and women's cross-country season at Eastern Illinois University, the Cougars will run at home twice as they try to improve on their times and standings from last season.

Cross country

Last year, the men's team was able to finish sixth out of the 12 teams in the Ohio Valley Conference meet. This year, the team will be looking to young runners to

push them higher in the conference standings.

The upcoming roster will have no senior runners after two graduated at the end of last season, and the Cougars will only have one junior. Despite the young team, sophomore Scott Woodard said they should still be successful.

"It was a learning experience running in last year's OVC meet," Woodard said. "I think after seeing what it is like, we could be in the top two or three teams in conference if we run our best."

The women's team will be returning all but one of its runners

from last season and will be looking to climb from its ninth place finish in the conference rankings last year. Senior Claire Brown said the women's team will be a mentally tough group of runners.

"We know more about what we need to do in our training and in our meets to beat our conference competition," Brown said. "This team seems very motivated to go out there and do what it takes."

Before running in conference, the team will have the chance to run at home in both the SIUE Cross-Country Challenge and the John Flamer Invite. Head Coach

Eileen McAllister said being able to run at home will provide the team with some good experience.

"Running at home is always incredible," McAllister said. "Being able to run in front of a home crowd can help motivate a runner."

Being able to run at home early in the season should also provide the runners with an excellent chance to train for their tougher meets, Brown said. The home course is a difficult one, with hilly terrain taking up most of the run.

"It will be good for us to run those meets at home because our course will probably be the most difficult course we see all year," Brown said. "After running ours, the others will seem easier."

After the two home meets, the teams will be in a unique race when it travels to Bradley for the school's classic. The meet is being called the "Pink" Classic this year and the school will be giving all of the runners pink jerseys to raise awareness and support for victims of breast cancer.

"The Bradley meet should give us a chance to see some really good competition," McAllister said. "It will also be cool to see all the teams wearing the pink jerseys. I haven't ever seen anything like that before."

The runners will try to use the experience from the meet, as well as their training throughout the season to put together a good performance as a team when they head to Morehead, Ky. for the OVC meet. To win conference, both teams will have to defeat defending champion Eastern Kentucky. The Colonels took the title in both races last season, with the men's win being their seventh in a row.

"There are a lot of good athletes in our conference, but we have a good amount of returning runners and some new ones that I think can help lead us to some big things," Woodard said.

Evan Meyers can be reached at sports@alestlelive.com or 650-3524.

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Graduated runner Aftan Noon races in a meet in 2012 at SIUE. The cross-country teams will race twice at SIUE in 2013. Head Coach Eileen McAllister said running at home is incredible for the teams. | Alestle file photo



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DESIGNED FOR LIFE



WSOC | from pg. 32

again as incoming players and this really helps us with team bonding and chemistry," Delgado said.

While Burton is not allowed to oversee the practices due to NCAA regulations, he has said the workouts will be a huge benefit to the team once the season starts.

"The majority of the team will be where they need to be athletically when the season begins," Burton said. "This will give us more time to work on other things as the season begins."

The team will bring back all but six of its players from last season. Having players with a lot of in-game experience is another aspect that will benefit the team once they take the field, Burton said.

"We will be in a position this year where I don't think we will need a lot of new ideas to be successful," Burton said. "We are re-

turning so many of our important players, and I feel like we took some real big steps last year and we will be looking to continue that development."

With the added benefits of the summer workouts and returning players, the players and coaches are confident moving forward and are on the same page with their goals.

"We all know where we want to be and we all want to play well enough to have a chance at conference," Reed said.

Burton shared that same enthusiasm and said his team will work hard to improve on what they were able to accomplish last season.

"We are going to put our best foot forward every game whether it's home or away," Burton said. "If we do that, we have a really good chance of finishing towards the top of our conference."

Evan Meyers can be reached at sports@alestlelive.com or 650-3524.

Volleyball wants team chemistry despite just three seniors

VBALL | from pg. 32

Schumacher said. "The whole team has been very welcoming, and it's great to be a part of a program where you're not only with good players but just good overall people."

If the young team wants to qualify for the OVC tournament, it will have to finish in the top four of the Western Division.

The Cougars will play Southeast Missouri, Austin Peay, Eastern Illinois, UT Martin and Murray State at home and away.

Last year, the team finished in the fifth spot, one game behind UT Martin.

The players do not plan on letting that happen again. Norris said this year, the team plans to come out with more enthusiasm and improve on the final standing from last season.

"Last year, we didn't finish the way we wanted to," Norris said. "We are excited to prove ourselves against every team we see this year, and we are really looking to fulfill our potential."

Evan Meyers can be reached at sports@alestlelive.com or 650-3524.

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SIUE Athletics

2012-13 team results

Men's soccer

13-7 overall, 4-2 MVC

Aug. 14	at IUPUI (exh.)	W, 1-0
Aug. 17	Mo. State (exh.)	W, 3-0
Aug. 24	at Virginia Tech	W, 3-1
Aug. 26	at James Mad.	W, 1-0
Aug. 31	vs. Rutgers	W, 1-0
Sept. 2	vs. Akron	L, 2-1
Sept. 7	DePaul	W, 3-0
Sept. 9	Kansas City	W, 1-0
Sept. 14	at Indiana	L, 2-0
Sept. 18	at Green Bay	W, 3-0
Sept. 22	Dayton	W, 1-0
Sept. 26	UIC	L, 1-0
Oct. 2	Omaha	W, 3-2
Oct. 6	at Creighton*	L, 1-0
Oct. 10	Bradley*	W, 4-1
Oct. 13	Missouri State*	W, 2-1
Oct. 17	at Evansville*	L, 1-0
Oct. 20	Drake*	W, 2-1
Oct. 27	at Cent. Ark.*	W, 1-0
Nov. 2	at Duke	L, 2-0
Nov. 9	vs. Cent. Ark.*	W, 2-0
Nov. 11	at Creighton	L, 2-1

Women's soccer

7-8-4 overall, 4-4-2 OVC

Aug. 11	at Loyola (exh.)	W, 1-0
Aug. 17	at Indiana State	L, 2-0
Aug. 19	Northern Illinois	L, 1-0
Aug. 24	Drake	W, 1-0
Aug. 31	Kansas City	W, 2-1
Sept. 2	Northern Iowa	W, 2-0
Sept. 9	at Missouri State	T, 0-0
Sept. 16	Saint Louis	L, 1-0
Sept. 23	Eastern Illinois*	W, 1-0
Sept. 28	at Tenn. Tech*	L, 1-0
Sept. 30	at Jax State*	L, 3-2
Oct. 5	SE Missouri*	W, 1-0
Oct. 7	UT Martin*	W, 1-0
Oct. 12	Murray State*	W, 1-0
Oct. 14	Austin Peay*	T, 0-0
Oct. 19	at E. Kentucky*	L, 2-1
Oct. 21	at Morehead St.*	T, 1-1
Oct. 28	at Belmont*	L, 2-1
Nov. 1	at E. Kentucky	T, 0-0
Nov. 2	at Austin Peay	L, 1-0

Women's golf

Sept. 10	Green Bay Phoenix Invitational	10th of 11
Sept. 11	Green Bay Phoenix Invitational	10th of 11
Sept. 17	Chicago State Cougar Classic	T, 9th of 15
Sept. 18	Chicago State Cougar Classic	11th of 15
Sept. 24	SIUE DoubleTree Intercollegiate	5th of 9
Sept. 25	SIUE DoubleTree Intercollegiate	4th of 9
Oct. 15	F&M Bank APSU Intercollegiate	6th of 10
Oct. 16	F&M Bank APSU Intercollegiate	8th of 10
Oct. 29	Charles Braun Jr. Intercollegiate	8th of 11
Oct. 30	Charles Braun Jr. Intercollegiate	T, 7th of 11
March 4	Crusader Spring Invitational	3rd of 3
March 5	Crusader Spring Invitational	3rd of 3
March 31	IPFW Spring Fling	5th of 10
April 1	IPFW Spring Fling	5th of 10
April 15	Creighton Classic	6th of 12
April 16	Creighton Classic	8th of 12
April 21	OVC Championships	8th of 10
April 22	OVC Championships	8th of 10
April 23	OVC Championships	8th of 10

Men's golf

Sept. 10	Neb. Fairway Club Invitational	12th of 12
Sept. 11	Neb. Fairway Club Invitational	T, 11th of 12
Sept. 22	Ill. State D.A. Weibring Invite	T, 11th of 15
Sept. 23	Ill. State D.A. Weibring Invite	10th of 15
Oct. 6	DePaul Dallio Memorial	T, 5th of 15
Oct. 7	DePaul Dallio Memorial	4th of 15
Oct. 12	Alumni Match	Cougars 8-4 over Alumni
Oct. 15	UMKC Bill Ross Invitational	7th of 14
Oct. 16	UMKC Bill Ross Invitational	5th of 14
Oct. 22	Austin Peay Intercollegiate	T, 5th of 14
Oct. 23	Austin Peay Intercollegiate	5th of 14
Feb. 25	Wash. State Snowman Getaway	9th of 14
Feb. 26	Wash. State Snowman Getaway	10th of 14
March 18	SE La. Carter Plantation Intercol.	8th of 12
March 19	SE La. Carter Plantation Intercol.	10th of 12
April 1	Ark. State Red Wolves Intercol.	14th of 19
April 2	Ark. State Red Wolves Intercol.	14th of 19
April 6	Indiana Hoosier Invitational	T, 10 of 18
April 7	Indiana Hoosier Invitational	T, 7th of 17
April 15	Tenn. State Big Blue Invitational	T, 2nd of 14
April 16	Tenn. State Big Blue Invitational	3rd of 14
April 25	OVC Championships	9th of 11
April 26	OVC Championships	9th of 11

Men's Cross Country

Sept. 7	EIU Walt Crawford Open**
Sept. 14	SIUE CC Challenge**
Sept. 29	Greater Louisville Classic
	37th of 46
Oct. 13	SIUE John Flamer Invite
	1st of 2
Oct. 27	OVC Championships
	6th of 12
Nov. 9	NCAA Midwest Regional
	28th of 29

Women's Cross Country

Sept. 7	EIU Walt Crawford Open**
Sept. 14	SIUE CC Challenge**
Sept. 29	Greater Louisville Classic
	37th of 43
Oct. 13	SIUE John Flamer Invite
	1st of 2
Oct. 27	OVC Championships
	9th of 12
Nov. 9	NCAA Midwest Regional
	29th of 31

More results on p. 38.

Track and field results
available at siue-
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Home games bold.

* Conference game.

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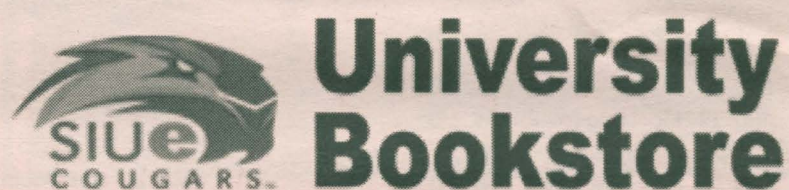
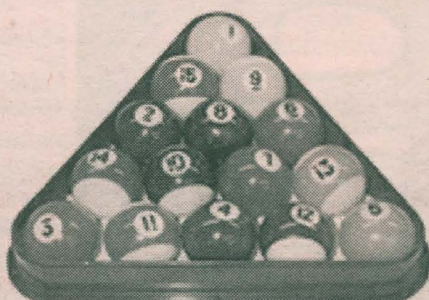
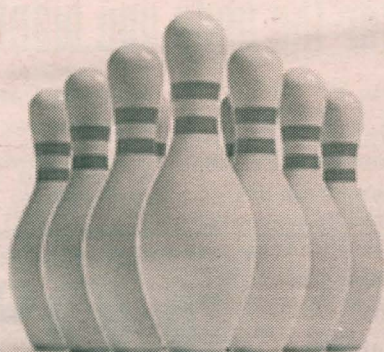
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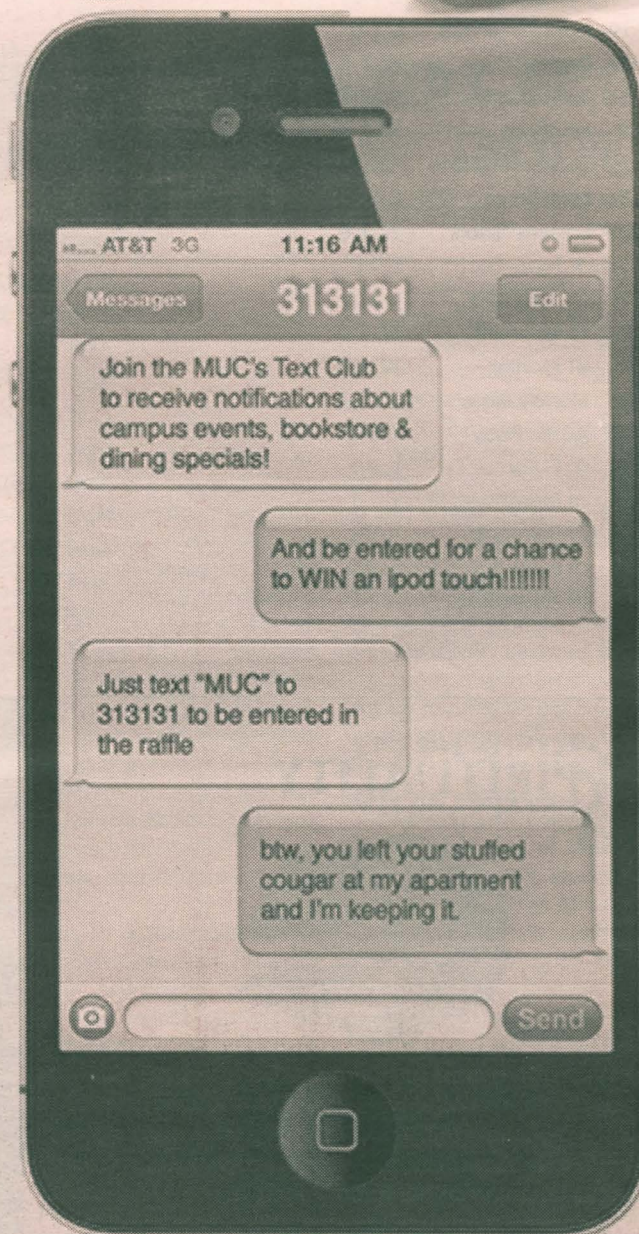
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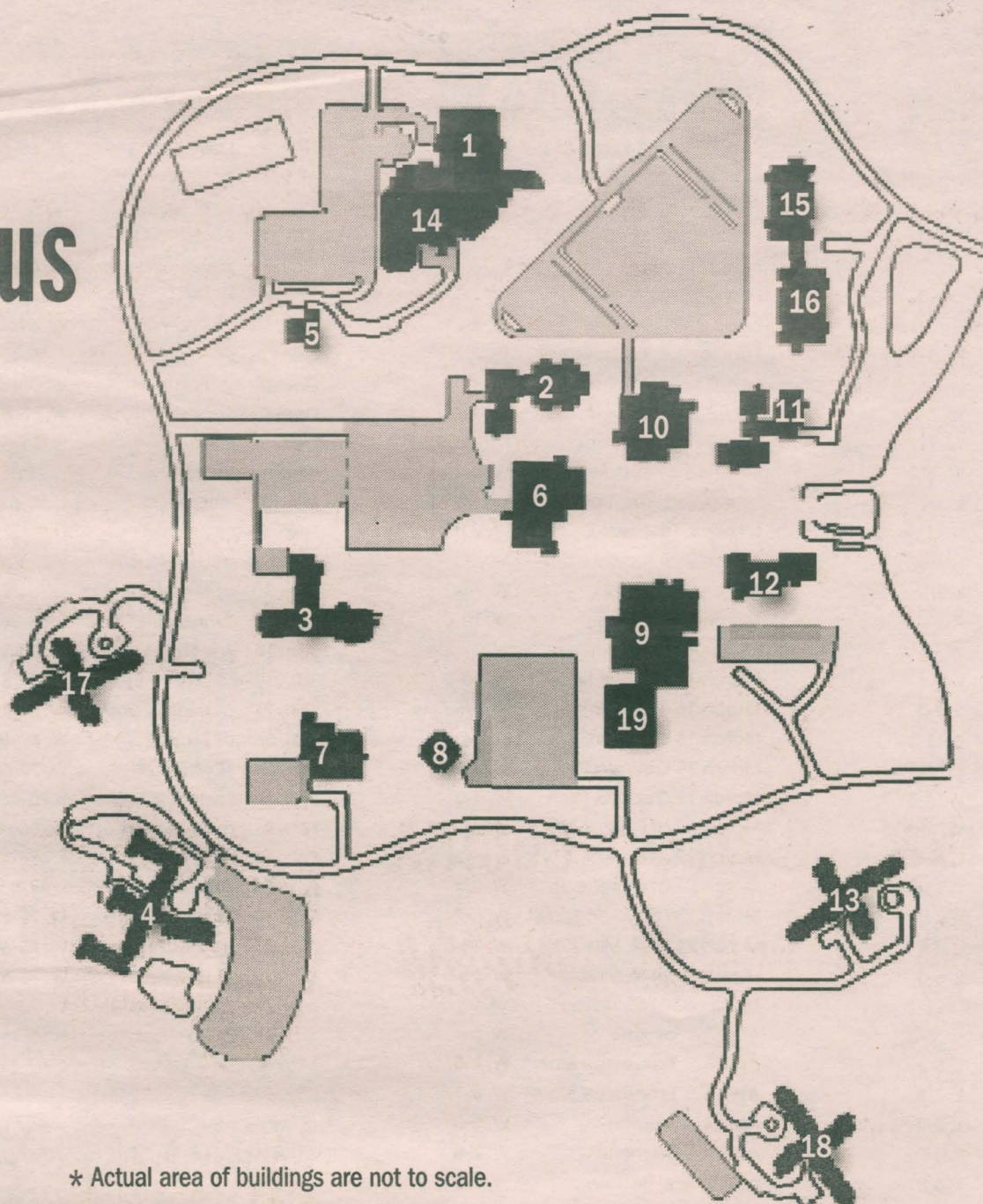
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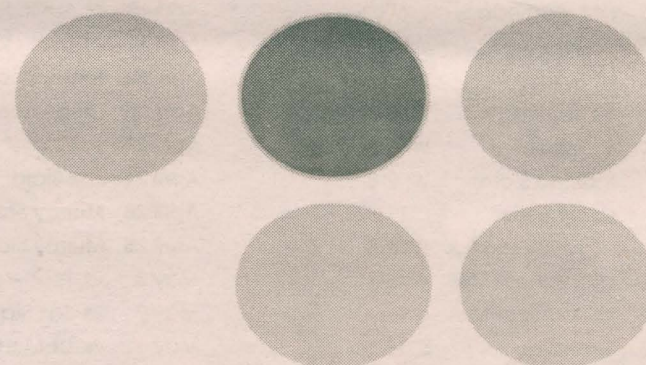
Key

1. Vadalabene Center
2. Science Building
3. Engineering Building
4. Evergreen Hall
5. Metcalf Theater
6. Dunham Hall
7. Art & Design Building
8. Center for Spirituality and Sustainability
9. Morris University Center
10. Lovejoy Library
11. Peck Hall
12. Rendleman Hall
13. Woodland Hall
14. Student Fitness Center
15. Alumni Hall
16. Founders Hall
17. Bluff Hall
18. Prairie Hall
19. Student Success Center



* Actual area of buildings are not to scale.

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Baseball

16-35 overall, 10-20 OVC

Feb. 15	at Lipscomb	L, 7-4
Feb. 16	at Lipscomb	L, 11-4
Feb. 17	at Lipscomb	W, 3-2
Feb. 22	at Kansas	L, 8-0
Feb. 23	at Ark.-Little Rock	L, 2-1
Feb. 23	at Ark.-Little Rock	L, 2-0
Feb. 24	at Ark.-Little Rock	L, 13-1
March 3	IPFW	W, 2-1
March 3	IPFW	L, 7-6
March 8	Eastern Illinois*	W, 6-0
March 9	Eastern Illinois*	W, 7-5
March 9	Eastern Illinois*	W, 6-2
March 15	at Jax State*	L, 2-1
March 16	at Jax State*	L, 11-0
March 17	at Jax State*	L, 7-6
March 19	Illinois State	L, 5-0
March 22	Murray State*	L, 1-0
March 23	Murray State*	W, 13-12
March 23	Murray State*	L, 8-1
March 28	at Tenn. Tech*	L, 1-0
March 30	at Tenn. Tech*	L, 11-3
March 30	at Tenn. Tech*	W, 6-4
April 2	Saint Louis	L, 14-5
April 5	SE Missouri*	W, 4-0
April 6	SE Missouri*	L, 8-4
April 7	SE Missouri*	L, 13-11
April 9	at Saint Louis	L, 7-5
April 12	at Belmont*	L, 7-4
April 13	at Belmont*	L, 5-3
April 14	at Belmont*	L, 25-7
April 17	at Indiana State	W, 6-3
April 19	E. Kentucky*	L, 5-2
April 20	E. Kentucky*	L, 7-5
April 21	E. Kentucky*	L, 6-2
April 24	at Bradley	L, 3-0
April 24	at Bradley	L, 6-5
April 26	at Morehead St.*	L, 7-5
April 26	at Morehead St.*	L, 4-3
April 27	at Morehead St.*	W, 12-5
May 4	UT Martin*	W, 10-1
May 4	UT Martin*	W, 5-3
May 5	UT Martin*	W, 3-2
May 7	Indiana State	W, 9-8
May 8	at Evansville	L, 11-7
May 10	at Southern Miss.	W, 6-5
May 11	at Southern Miss.	W, 6-5
May 12	at Southern Miss.	L, 9-1
May 15	Evansville	L, 16-0
May 16	at Austin Peay*	L, 20-2
May 17	at Austin Peay*	L, 10-8
May 18	at Austin Peay*	L, 16-5

Volleyball

9-18 overall, 5-11 OVC

Aug. 24	Montana State	L, 3-1
Aug. 25	Santa Clara	L, 3-1
Aug. 25	Western Illinois	W, 3-1
Sept. 1	vs. Western Illinois	L, 3-2
Sept. 1	at Indiana State	W, 3-2
Sept. 2	at Loyola	W, 3-1
Sept. 7	at Akron	L, 3-0
Sept. 7	at Youngstown St.	L, 3-1
Sept. 8	at Binghamton	W, 3-0
Sept. 14	Northern Illinois	L, 3-0
Sept. 18	Evansville	L, 3-0
Sept. 21	UT Martin*	W, 3-0
Sept. 22	SE Missouri*	L, 3-1
Sept. 25	Eastern Illinois*	W, 3-0
Sept. 29	at Belmont*	L, 3-0
Oct. 5	Eastern Kentucky*	W, 3-0
Oct. 6	Morehead State*	L, 3-1
Oct. 12	at Murray State*	L, 3-1
Oct. 13	at Austin Peay*	L, 3-0
Oct. 19	Austin Peay*	L, 3-2
Oct. 20	Murray State*	W, 3-0
Oct. 26	at SE Missouri*	L, 3-0
Oct. 27	at UT Martin*	L, 3-2
Nov. 2	at Tenn. Tech*	L, 3-1
Nov. 3	at Jax State*	W, 3-1
Nov. 7	at Eastern Illinois*	L, 3-1
Nov. 10	Tennessee State*	L, 3-1

Softball

35-13 overall, 17-5 OVC

Feb. 8	at Georgia State	L, 10-9
Feb. 8	at South Alabama	W, 2-1
Feb. 9	at Troy	W, 11-3
Feb. 16	vs. Kennesaw St.	L, 1-0
Feb. 16	at UAB	L, 7-6
Feb. 17	vs. Liberty	W, 4-3
Feb. 17	at Mercer	W, 8-7
Feb. 22	vs. Kansas City	W, 4-2
Feb. 23	at Wright State	W, 4-0
Feb. 23	vs. Detroit	L, 1-0
Feb. 24	at Mississippi State	L, 1-0
March 5	at Boston College	W, 5-4
March 5	at Central Florida	L, 4-1
March 8	vs. Loyola	W, 2-0
March 8	at Providence	W, 7-0
March 9	at Maine	W, 13-0
March 9	Temple	W, 10-0
March 10	at Quinnipiac	W, 12-2
March 13	Missouri State	W, 10-1
March 16	UT Martin*	W, 8-6
March 16	UT Martin*	L, 7-4
March 19	Georgia Tech	W, 2-1
March 19	Georgia Tech	W, 1-0
March 22	at E. Kentucky*	W, 4-1
March 22	at E. Kentucky*	L, 11-3
March 23	at Morehead St.*	W, 9-4
March 23	at Morehead St.*	W, 5-2
March 29	at SE Missouri*	W, 13-0
March 29	at SE Missouri*	W, 11-1
March 30	at SE Missouri*	W, 9-1
April 2	at SIUC	W, 6-4
April 6	Tennessee State*	W, 8-0
April 6	Tennessee State*	W, 8-1
April 7	Belmont*	W, 5-0
April 7	Belmont*	W, 2-0
April 9	at Bradley	W, 5-3
April 13	at Austin Peay*	W, 8-4
April 13	at Austin Peay*	W, 8-2
April 14	at Austin Peay*	W, 8-5
April 20	Tennessee Tech*	W, 3-0
April 20	Tennessee Tech*	W, 3-2
April 21	Jax State*	W, 10-0
April 21	Jax State*	L, 3-2
April 28	Murray State*	L, 2-1
April 28	Murray State*	L, 3-1
May 8	vs. Tennessee	W, 4-3
May 9	vs. Jax State	L, 2-0
May 11	vs. UT Martin	L, 7-1

Wrestling

6-19 overall, 1-6 SoCon

Nov. 1	Red/Black Intra.	Red 20-10
Nov. 11	at Cent. Mo. Open**	
Nov. 24	at Iowa	L, 49-0
Nov. 24	vs. Iowa Central	W, 36-4
Nov. 24	vs. Cornell	L, 21-20
Dec. 1	at Indiana	L, 33-11
Dec. 1	vs. Gard. Webb*	W, 24-21
Dec. 1	vs. Bucknell	L, 25-15
Dec. 8	at S. Dakota St.	L, 27-16
Dec. 16	at Purdue	L, 34-9
Dec. 16	vs. Iowa Western	W, 27-15
Jan. 6	App. State*	L, 28-9
Jan. 6	Northern Illinois	L, 31-13
Jan. 13	at Denker Open**	
Jan. 20	Northern Iowa	L, 48-0
Jan. 20	Northwestern	L, 39-12
Jan. 27	Campbellsville	L, 20-19
Jan. 30	at Citadel*	L, 41-3
Feb. 2	vs. Davidson*	L, 25-24
Feb. 2	vs. Duke	L, 38-9
Feb. 2	vs. Campbell*	L, 41-8
Feb. 6	at Truman	W, 23-22
Feb. 13	at Missouri	L, 43-3
Feb. 17	Knox	W, 52-6
Feb. 17	Lindenwood	W, 38-9
Feb. 17	Indiana	L, 33-12
Feb. 23	vs. VMI*	L, 32-12
Feb. 23	at Chattanooga*	L, 40-3
March 9	SoCon Champ.	5th of 8

Women's basketball

16-15 overall, 9-7 OVC

Nov. 2	Lewis (exh.)	W, 65-56
Nov. 11	at IPFW	W, 74-67
Nov. 15	at UIC	L, 68-61
Nov. 17	Purdue	L, 66-51
Nov. 19	Western Illinois	W, 68-58
Nov. 23	at SMU	L, 64-46
Nov. 24	vs. Clemson	W, 49-43
Dec. 1	at Toledo	L, 59-43
Dec. 2	vs. Southern	W, 55-53
Dec. 5	Sacramento St.	W, 75-57
Dec. 8	IPFW	W, 61-54
Dec. 16	at Indiana	L, 72-56
Dec. 21	SIUC	L, 68-63
Dec. 29	at Belmont*	L, 66-52
Jan. 5	at E. Kentucky*	W, 73-69
Jan. 7	at Morehead St.*	L, 75-72
Jan. 12	Tennessee Tech*	L, 66-56
Jan. 14	Jax State*	W, 80-58
Jan. 19	at Murray State*	L, 81-68
Jan. 21	at Austin Peay*	W, 54-49
Jan. 26	UT Martin*	W, 67-66
Jan. 28	SE Missouri*	W, 78-65
Feb. 2	Eastern Illinois*	L, 70-65
Feb. 9	at UT Martin*	W, 66-63
Feb. 11	at SE Missouri*	L, 67-62
Feb. 16	Austin Peay*	L, 67-53
Feb. 18	Murray State*	W, 79-68
Feb. 25	Tennessee State*	W, 75-69
March 2	at Eastern Illinois*	W, 70-62
March 6	at Tenn. State	W, 73-61
March 7	at Belmont	L, 62-45
March 14	at Arkansas	L, 63-41

Women's tennis

8-13 overall, 4-6 OVC

Sept. 7	at Billiken Classic**	
Sept. 8	at Billiken Classic**	
Sept. 14	SIUE Fall Invitational**	
Sept. 15	SIUE Fall Invitational**	
Sept. 16	SIUE Fall Invitational**	
Sept. 28	at Austin Peay Fall Invitational**	
Sept. 29	at Austin Peay Fall Invitational**	
Sept. 30	at Austin Peay Fall Invitational**	
Jan. 18	at IUPUI	W, 4-3
Jan. 27	S. Dakota State	W, 4-3
Feb. 3	Bradley	L, 4-3
Feb. 8	at Kansas City	L, 4-1
Feb. 10	Northern Illinois	L, 7-0
Feb. 16	Saint Louis	L, 4-0
Feb. 22	at Evansville	L, 6-1
March 2	Chicago St.	W, 4-0
March 4	at Providence	L, 4-3
March 5	at Presbyterian	L, 5-2
March 6	at Ohio Dom.	W, 5-2
March 16	at UT Martin*	L, 4-3
March 17	SE Missouri*	W, 4-3
March 22	Austin Peay*	W, 5-2
March 24	Murray State*	L, 5-2
March 29	at Tenn. State*	W, 5-0
March 30	at Belmont*	L, 5-2
April 3	Eastern Illinois*	L, 4-3
April 7	at Jax State*	L, 5-2
April 13	Morehead State*	W, 4-3
April 14	E. Kentucky*	L, 7-0

Men's basketball

9-18 overall, 5-11 OVC

Nov. 1	Greenville (exh.)	W, 84-50
Nov. 10	at Missouri	L, 83-69
Nov. 14	Western Illinois	W, 62-50
Nov. 20	SIUC	L, 71-55
Nov. 24	at UTPA	L, 77-66
Dec. 1	Chicago St.	W, 71-57
Dec. 5	at Northern Illinois	L, 65-54
Dec. 8	at Western Illinois	L, 55-38
Dec. 17	Eureka	W, 77-74
Dec. 19	Rob. Morris-Spld.	W, 81-49
Dec. 28	at Saint Louis	L, 68-41
Jan. 3	at Morehead St.*	L, 68-64
Jan. 5	at E. Kentucky*	L, 78-72
Jan. 10	Jax State*	L, 75-62
Jan. 12	Tennessee Tech*	W, 58-54
Jan. 17	at Austin Peay*	W, 66-53
Jan. 19	at Murray State*	L, 70-61
Jan. 24	SE Missouri*	W, 80-77
Jan. 26	UT Martin*	L, 65-62
Feb. 2	Eastern Illinois*	W, 49-45
Feb. 7	at SE Missouri*	L, 76-67
Feb. 9	at UT Martin*	L, 77-68
Feb. 14	Murray State*	W, 65-60
Feb. 16	Austin Peay*	L, 83-71
Feb. 20	Tennessee State*	L, 83-73
Feb. 23	at Cent. Ark.	L, 80-78
Feb. 27	at Belmont*	L, 73-43
March 2	at Eastern Illinois*	L, 61-46

Men's tennis

8-9 overall, 3-6 OVC

Sept. 7	at Billiken Classic**	
Sept. 8	at Billiken Classic**	
Sept. 21	SIUE Fall Invitational**	
Sept. 22	SIUE Fall Invitational**	
Sept. 23	SIUE Fall Invitational**	
Sept. 28	at Austin Peay Fall Invitational**	
Sept. 29	at Austin Peay Fall Invitational**	
Sept. 30	at Austin Peay Fall Invitational**	
Jan. 18	at IUPUI	W, 4-3
Jan. 27	S. Dakota State	W, 6-1
Feb. 8	at Kansas City	L, 5-0
Feb. 10	Northern Illinois	W, 4-3
Feb. 16	Saint Louis	W, 4-2
March 2	Chicago St.	W, 7-0
March 5	at Presbyterian	L, 4-3
March 6	at St. Joseph	L, 6-1
March 22	Austin Peay*	L, 7-0
March 24	Murray State*	W, 4-3
March 29	at Tenn. State*	W, 4-0
March 30	at Belmont*	L, 4-3
April 3	Eastern Illinois*	W, 5-2
April 6	at Tenn. Tech*	L, 5-1
April 7	at Jax State*	L, 5-2
April 13	Morehead State*	L, 5-2
April 14	E. Kentucky*	L, 5-2

Track and field results available at siuecougars.com.

Home games bold.

* Conference game.

** Individual results available at siuecougars.com



Jeremy Spates

| Photo via siuecougars.com



Derrick Brown

| Photo via siuecougars.com



Mitch Gilfillan

| Photo via siuecougars.com



Jordann Plummer

| Photo via siuecougars.com



Jessica Jones

| Photo via siuecougars.com

Several sports waiting to welcome new coaches

EVAN MEYERS

Alestle Sports Editor

SIUE saw a variety of coaching additions and changes during the summer season. The following are the coaches who will be in new roles as the sports seasons begin.

Wrestling

The wrestling team will be bringing in the only new head coach to SIUE this year with the hiring of Jeremy Spates. He will be taking over the job that has been held by David Ray who coached the team for five seasons. Before resigning, Ray tried to put forth the building blocks that would help his wrestlers be a part of a successful Division I program.

Many of those wrestlers will now be looking to Spates as he steps into the role of head coach for the first time in his career.

Coming to SIUE as an assistant from Cornell, Spates was widely regarded as one of the premier assistant coaches in the nation. He was able to oversee seven individual NCAA champions as well as 28 All-Americans, including Kyle Duke who was named Sports Illustrated's 2103 Male College Athlete of the Year.

Women's Golf

While not a new coach here at SIUE, Head Golf Coach Derrick Brown will be serving as both the women's and men's golf coaches this season. This comes after former women's Head Coach Jennifer Jakel left SIUE for another position.

Brown has been serving as the head coach for the men's team since the 2009-10 season. During his time with the team, he has overseen its first-ever Ohio Valley Conference tournament appearance.

Brown has also been able to improve the team in each year of his coaching. Last year, the team was able to post four top five finishes, and its 853 at the Tennessee Big Blue Intercollegiate was the lowest score the team had ever posted through 54 holes.

Men's Basketball

There were two changes to the men's basketball team over the summer. The first being Mat Laur's elevation to the new position of associate head coach, after serving as an assistant since he joined the team in 2009. Laur works as the programs recruiting director but is also directly involved with practices, scheduling and game preparation.

The other change to the team this summer was the hiring of new Assistant Coach Mitch Gilfillan. Gilfillan comes to SIUE from Ball State University, where

he was able to post more wins than losses in his three years as an assistant. While an assistant at Ball State, Gilfillan was known as a tireless recruiter and Head Coach Lennox Forrester looks forward to having that same work ethic brought to the Cougars' coaching staff.

Women's Basketball

Earlier this summer, Head Coach Paula Buscher announced the addition of a new assistant for the women's basketball team. That addition was Jordann Plummer, who last season was working as an assistant for Webster University. As a player, Plummer was a two-time All-Missouri Valley Conference selection and a WNBA draft prospect after her graduation in 2010. She will bring experience in both player development and recruiting.

Softball

Head Softball Coach Sandy Montgomery has announced the addition of two new assistant coaches for the SIUE softball team during the off-season. The new additions, Jessica Jones and Alicia Abbott, have both worked as offensive assistants for their previous schools.

Jones comes to SIUE after serving as an assistant at Buffalo for the past five seasons. Along with serving as the team's offensive coach, she served as the team pitching and catching coach as well as the recruiting coordinator.

Abbott joins SIUE after spending one season at Newberry College in South Carolina. While at Newberry, Abbott worked mostly with infielders and as a hitting coach.

Evan Meyers can be reached at sports@alestlelive.com or 650-3524.



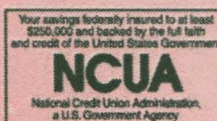
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